

Suggested Gross Motor Activities from Ms. Turtle
For 1st Class Ms. Byrne Week beginning 4th May 2020

<u>Monday</u> <u>4th</u>	Bank Holiday Monday. Enjoy your day and have a lovely week.	<u>Resource</u>
<u>Tuesday</u> <u>5th</u>	<p>Gross Motor Skills: Complete Episode 7 10@10.</p> <p>Play a game of hopscotch outside.</p> <p>Fine Motor Skills: Finger paint a picture of your choice using paint you have at home or practice popping some bubble wrap you have at home.</p> <p>Expressive Language: Ask your child to think about why we do certain things and answer using full sentences:</p> <ol style="list-style-type: none"> 1) Why do we wear gloves in Winter? 2) Why do birds build nests? 3) Why do the leaves fall off the trees? 4) Why might a baby cry? 5) Why do elephants have a trunk? 6) Why do people go on holidays? <p>Writing: Practice correct pencil grip and help to write a shopping list for your Mam's next trip to the Supermarket.</p>	https://rtejr.rte.ie
<u>Wednesday</u> <u>6th</u>	<p>Gross Motor Skills: Complete Episode 8 10@10.</p> <p>Practice skipping with a skipping rope outside. Count the number of forward skips and backwards skips you can do. Beat the score.</p> <p>Fine Motor Skills: Rip up pieces of coloured paper to make an imaginative picture. Give your picture a name e.g. The jungle, The Flowers, The bird.</p> <p>Expressive Language: Ask your child to answer these questions using full sentences. What would you do...</p> <ol style="list-style-type: none"> 1) If you didn't feel well? 2) If you fell? 3) If you won the lottery? 4) If you lost your favourite toy? 5) If you met someone famous? 6) If you saw a spider ? <p>Listening Game: Simon Says run around the garden. Simon Says walk around the garden. Simon Says hop around the garden. Simon Says skip around the garden. Simon Says jump around the garden. Simon says touch the ground, touch the wall and jog around the garden etc.</p>	https://rtejr.rte.ie

<u>Thursday</u> <u>7th</u>	<p>Fine Motor Skills: Using a clothes peg practice picking up some small items you have at home e.g. coins, pens, pencils, a parer, a rubber, buttons, small lego blocks etc.</p> <p>Expressive Language: Ask your child the following questions. Your child answers using full sentences. What could you use to?:</p> <ol style="list-style-type: none"> 1)Paint a picture if you have paints but no brush. 2)Mop up a spill. 3)Catch a fish. 4)Buy something. 5)Make your hair curly. 6)Break a window. 7)Write a letter. 8)Wake you up in the morning. <p>Listen to the story of The Smartest Giant in town by Julia Donaldson on www.youtube.com/watch?v=cfiPrA8E3qE Retell what happens in the story in your own words.</p>	
<u>Friday 8th</u>	<p>Gross Motor Skills:</p> <ol style="list-style-type: none"> 1)Balance on 1 foot and hold out your arms. How many seconds can you balance for? Can you beat the score? 2)Hop on your right leg and left leg. See how many hops you can do in a row. 3)Do 20 jumping jacks. 4)Practice bouncing and catching a large bouncy ball with both hands. 5)With your child bounce a ball between you. Start at 1m then increase to 2m and 3m. 6)Stand close to your child. Throw and catch a ball. Take a small step back each time you catch the ball. <p>Expressive Language:</p> <p>Ask your child to tell you what is similar and then what is different about the following 2 items.</p> <ol style="list-style-type: none"> 1)A chair and a stool. 2)A cat and an elephant. 3)Rollerblades and a skateboard. 4)A car and a lorry. 5)A shoe and a sock. 6)A book and a copy. 7)A shower and a bath. 8)A shopkeeper and a baker. <p>Listen and Clap the syllables in the following words. Call out the word and your child claps and counts the syllables.</p> <ol style="list-style-type: none"> 1)goldfish (2) 2)butterfly (3) 	

3>window (2) 4)crocodile (3) 5>can (1) 6>money (2) 7>happy (2) 8>cat (1) 9>beautiful (3) 10) Summer (2)	
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