

Suggested Gross Motor Activities from Ms. Turtle

For 1st Class Ms. Byrne

Week beginning 11th May 2020

<p><u>Monday</u> <u>11th</u></p>	<p>Gross Motor Skills: Complete Episode 9 10@10. Play on the trampoline or practice your skipping in the garden. Fine Motor skills: Paint a picture of your choice or using a sponge you have at home make a colourful sponge painting. Expressive Language: Ask your child to finish the following sentences: 1)My pet dragon... 2)I think teachers like to... 3)My favourite food is... 4)I like to... 5)I wish I was... 6)I think school is... 7)In ten years time... 8)When you play games... 9)Water feels... 10)When you play computer games...</p>	<p>https://rtejr.rte.ie</p>
<p><u>Tuesday</u> <u>12th</u></p>	<p>Gross Motor Skills: Complete Episode 10 10@10. Listening Game: Simon Says run around the garden. Simon Says walk around the garden. Simon Says hop around the garden. Simon Says skip around the garden. Simon Says jump around the garden. Simon says touch the ground, touch the wall and jog around the garden etc. Fine Motor Skills: Write a list of all the things in your garden using your froggy fingers pencil grip. Expressive Language: Play a brainstorming game: Ask your child to name as many things as she can about the following: 1)Name things you would see on a farm. 2)Name things in which people can travel. 3)Name things that are red. 4)Name things that are green. 5)Name things we do in cold weather. 6)Name things we do in warm weather. 7)Name children's names. 8)Name things you do for your parents.</p>	<p>https://rtejr.rte.ie</p>

<p><u>Wednesday</u> <u>13th</u></p>	<p>Gross Motor Skills:</p> <ol style="list-style-type: none"> 1) Practice walking on your tippy toes down your garden in a straight line and practise walking heel to toe forwards on the way up. 2) Hopping: Practice your bunny hop. Bringing your two feet together practice hopping forwards and backwards into a hoop or over a line. 3) Stand with your foot on a box and throw and catch a ball. 4) Try to stop a rolling ball coming towards you by placing your foot on top of the ball. <p>Fine Motor Skills: Using a page of stickers you have at home practice peeling them off the page and sticking them onto a sheet of paper to decorate it.</p> <p>Or</p> <p>Practice opening and closing buttons and zips on your coat.</p> <p>Play the listening game when you hear...</p> <ol style="list-style-type: none"> 1) Stand up when you hear the name of something shiny. (ding, ring, sling). Your child stands up when she hears ring. 2) Stand up when you hear a T.V. Programme. (fen, men, Ben 10). Your child stands up when she hears Ben 10. 3) Tap your head when you hear a colour. (too, blue, stew). 4) Tap your head when you hear a school subject. (rats, cats, Maths, flats). 5) Shake your arms when you hear a food. (cake, rake, bake, lake). 6) Shake your arms when you hear a job. (lures, nurse, purse). 7) Cover your eyes when you hear something made of glass. (bottle, skittle, rattle, thistle). 8) Cover your eyes when you hear something you wear. (shirt, birth, skirt). <p>Expressive Language:</p> <p>Talk about each of the following using full sentences:</p> <ol style="list-style-type: none"> 1) Who lives in your house. 2) Who is your best friend and what do they look like. 3) Talk about your favourite computer game. 4) Describe your bedroom. 5) What is your favourite meal and why? 	
<p><u>Thursday</u> <u>14th</u></p>	<p>Fine Motor Skills: Make a model of your dream garden out of playdough.</p> <p>Listen and Clap the syllables in the following words. Call out the word and your child claps and counts the syllables.</p> <ol style="list-style-type: none"> 1) hairband (2) 2) happiness (3) 3) cupboard (2) 4) elephant (3) 5) fun (1) 6) famous (2) 7) rubber (2) 8) duck (1) 	

	<p>9)dinosaur (3) 10)alligator (4) 11)Kangaroo (3) 12)environment(3)</p> <p>Listen to the story The Very Hungry Caterpillar on www.youtube.com/watch?v=75NQK-SmIYY</p> <p>Ask your child some comprehension questions about the story. Ask your child to retell the story in her own words.</p>	
<p><u>Friday</u> <u>15th</u></p>	<p>Catch up on any work not completed during the week.</p> <p>If you would like to send any of the Suggested Gross Motor Activities that you complete this week to me my e-mail is marieturtle@smltullow.ie</p> <p>You can send</p> <ol style="list-style-type: none"> 1) A photo of the work. 2) A video of the work. 3) An audio clip of the work. <p>Have a lovely week!</p>	