

Class: 1st Class **Week beginning:** 18th May 2020

Hi everyone,

I hope you are all doing well. I have put together some activities for you for this week that I hope you will enjoy doing at home. The adults around you will help you and remember take your time doing them, there is no rush!

Some activities I will not be collecting, however for others I will be asking you to email me some of your learning where possible- these will be marked YES in the submission box. If you would like to submit extra work to me from the plan below I would love to see it too so you can just email it to me.

If you need to use your parent/ guardians email to do this that is perfectly fine. In order to submit a picture/ sound clip or document to me please ensure that you **put your name, date and title of the task** in the subject of the email to me so that I know who it is and what is being submitted.

Take breaks and work at your own pace. I will check my emails every day, please email me your work as soon as you can.

Thanks,

Ms. Byrne caroline@smltullow.ie

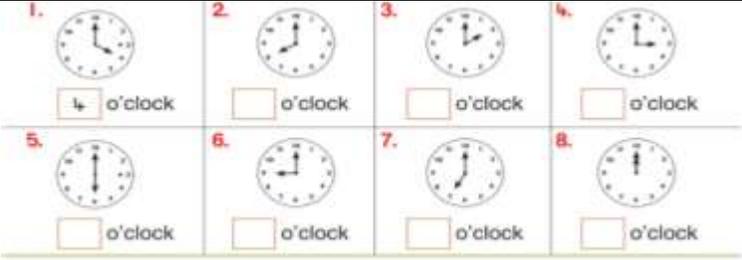
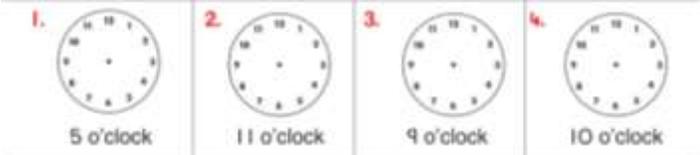
P.S If there is a subject that you do not participate in e.g. Religion please spend extra time on the Maths games and English activities provided.

MASS ON FRIDAY ONLINE @ 9.30AM SO BE READY TO TUNE IN

PLEASE REMEMBER THAT WE ARE UNABLE TO ACCEPT VIDEOS OR PICTURES THAT CONTAIN PICTURES OF YOUR CHILD OR THEIR SIBLINGS.

Monday: 18th May

Subject	Activity	Resource	Submission
<p>English</p> <p>Title of Task: Poem</p>	<p>Reading/Oral: Read and practice saying the tongue twister.</p> <p>Writing: Create a poem using some of your spellings for the week.</p> <p>Spellings for learning: see bottom of the document.</p>	<p style="text-align: center;">Woodchuck Chuck</p> <p style="text-align: center;"><i>"How much wood would a woodchuck chuck if a woodchuck could chuck wood? He would chuck, he would, as much as he could, and chuck as much wood as a woodchuck would if a woodchuck could chuck wood.</i></p>	<p>Yes: I would love to read your poem.</p>
<p>Gaeilge</p> <p>Title of Task: Siopadóireacht</p>	<p>1)Póstaer- Cóta Nua: Scéal agus ceisteanna(story and questions): Listen to the story and answer the questions</p> <p>2)Dán- Cóta Nua : Listen to the poem and see if you can join in with it.</p> <p>I have set up a folenonline account for first class. The tasks for this week are save in 'My Favourites' on the home page. Email: firstclasssm1@gmail.com Password: 1stclass</p>	<p>Póstaer - Cóta Nua: https://content.folensonline.ie/programmes/AbairLiom/1st_class/resources/Poster/AL_1C_ACT_Postaer_L09_001/index.html</p>	<p>No</p>
<p>Maths</p> <p>Title of Task: Time</p>	<p>Mental Maths: See pages at the end of the file.</p> <p>Vocabulary: Days of week, months of year, calendar, spring, summer, autumn, winter, seasons, after, before, early, earlier, late, later, next, tomorrow, yesterday, weekend, fortnight, morning, dawn,</p>	<p>1) Days of the week game: https://content.folensonline.ie/programmes/PlanetMaths/PM1/resources/activitya/pm_1c_022/index.html</p> <p>Write the time shown on the clock:</p>	<p>Yes</p>

	<p>afternoon, evening, night, o'clock, half past, soon, not yet.</p> <p>Revise days of the week by playing the game on folensonline.ie</p> <p>Complete the activities in the resources box a)write the time for each clock b) Draw the hands on the clock</p>	 <p>Draw the hands on the clocks:</p> 	
<p>SESE Title of Task: Florence Nightingale</p>	<p>Listen to the story about Florence Nightingale. Write down five things that you learned about Florence Nightingale.</p>	<p>https://www.youtube.com/watch?v=QBoc60LsTy0</p>	<p>No</p>
<p>Drama</p>	<p>Explore your 5 senses by pretending to do the below activities:</p> <p>Touch: A hot stove, icicles, sharp pin, velvet, cotton wool.</p> <p>Taste: A sour lemon, their favourite sweet, spinach, vinegar</p> <p>Hear: A gentle wind, underwater sounds, a whistle</p> <p>See: A car coming towards you, a giant, an ant, a spider</p> <p>Smell: Freshly baked bread, a skunk, perfume, onions</p>	<p>Indoor area</p>	<p>No</p>

<p>P.E</p>	<p>Wake up exercise! <u>Frog jumps:</u> hop back and forth like a frog <u>Bear walk:</u> hands and feet on the floor-walk left and right <u>Gorilla Shuffle:</u> Sink into a low sumo squat, with hands on the floor, shuffle around the room. <u>Cheetah run:</u> run in place as fast as you can. <u>Crab crawl:</u> Sit and place your palms flat on the floor behind you near your hips. Lift up off the ground and crawl. <u>Elephant stomps:</u> March in place lifting your knees as high as you can and stomping the ground as hard as you can!</p>	<p>Outdoor/indoor space</p>	<p>No</p>
<p>Religion/ SPHE</p>	<p>Remember to keep practicing your prayers. Title of Task: Wellbeing: Rainbow Breathing: You might like to relax by lying on the floor, but you can do it sitting or standing either. Close your eyes. Now breathe in deeply and imagine lots of beautiful red light surrounding you, filling up your lungs and going right down into your toes. Now breathe out slowly and send this beautiful bright red light from your lungs, letting it take all of your worries away with it. Do the same with each of the other colours of the rainbow - orange, yellow, green, blue, indigo and violet. Imagine your body becoming soft, warm and relaxed as you do this. Repeat this a few times until you start to feel relaxed & calm.</p>	<p>Prayers attached below.</p>	<p>No</p>

Tuesday 19th May

Subject	Activity	Resource	Submission						
English: Title of Task: Diary	Oral/ Reading/ Writing: Think back to what you learned about Florence Nightingale in yesterday's task. Pretend that you are Florence Nightingale. Write a short diary entry about your work. Read over it and check did you: <ol style="list-style-type: none"> 1) Include the date. 2) Use the words I, my, we. 3) Write about the most important events in order. 4) Describe your feelings. 5) Use time linking words e.g. first, next, then. 6) Remember that you are pretending to be Florence! 	Paper Pencils	Yes						
Gaeilge Title of Task: Siopadóir eacht	Léigh agus scríobh(read and write) Read the sentences in the boxes. Fill in the missing word in each of the sentences. Cheannaigh = bought Brioscaí = biscuits Ceapaire = sandwich Bainne = milk Feoil = meat Arán = bread Milseáin = sweets	<table border="1" style="width: 100%; text-align: center;"> <tr> <td style="width: 33%;"> 1.  Cheannaigh Neasa brioscaí. </td> <td style="width: 33%;"> 2.  Cheannaigh Ruairí ceapaire. </td> <td style="width: 33%;"> 3.  Cheannaigh Neasa bainne. </td> </tr> <tr> <td> 4.  Cheannaigh Ruairí feoil. </td> <td> 5.  Cheannaigh Neasa arán. </td> <td> 6.  Cheannaigh Ruairí milseáin. </td> </tr> </table> 1. Cheannaigh <u> N </u> brioscaí. 2. Cheannaigh Ruairí _____. 3. Cheannaigh Neasa _____. 4. Cheannaigh _____ feoil. 5. Cheannaigh Neasa _____. 6. _____ Ruairí _____.	1.  Cheannaigh Neasa brioscaí.	2.  Cheannaigh Ruairí ceapaire.	3.  Cheannaigh Neasa bainne.	4.  Cheannaigh Ruairí feoil.	5.  Cheannaigh Neasa arán.	6.  Cheannaigh Ruairí milseáin.	No
1.  Cheannaigh Neasa brioscaí.	2.  Cheannaigh Ruairí ceapaire.	3.  Cheannaigh Neasa bainne.							
4.  Cheannaigh Ruairí feoil.	5.  Cheannaigh Neasa arán.	6.  Cheannaigh Ruairí milseáin.							

Maths
Title of
Task:
Time

Mental Maths: See pages at the end of the file.
Play the game on folensonline: What time is it
Complete the activities in the resource box a) write the time b)
draw the hands on the clock.

Game:
https://content.folensonline.ie/programmes/PlanetMaths/P M1/resources/activities/pm_1c_134/index.html

No

A Write the time.

1.  half past 9	2.  half past <input type="text"/>	3.  half past <input type="text"/>	4.  half past <input type="text"/>
5.  half past <input type="text"/>	6.  half past <input type="text"/>	7.  half past <input type="text"/>	8.  half past <input type="text"/>

B Draw the hands on the clock.

1.  half past 2	2.  half past 5	3.  half past 3	4.  half past 1
---	---	---	---

SESE/
Visual
Arts
Title of
Task:
Nature
Art

Challenge: Create an art piece using items you find in your garden/outside. Ideas could include sticks, stones, leave's. Be as creative as you like. I have put some pictures of ideas for you in the resource box but you can create your own.



Yes: I would love to see your creations.

P.E	Workout with Joe Wicks	https://www.youtube.com/results?search_query=joe+wicks+kids+workout	No
Religion	<p>The Holy Rosary: Read and discuss the Holy Rosary.</p> <p>Chat together about the Rosary. Have you ever heard the Rosary before? What do you know about the Rosary already?</p>	<p style="text-align: center;">What is the Holy Rosary?</p> <ul style="list-style-type: none"> ■ The Rosary is a form of prayer used especially in the Catholic Church. ■ It is a long prayer with many parts to be remembered and said. ■ It is named after the string of prayer beads which some people use to count the parts of the prayer. ■ The Rosary Prayer is very important to Catholics for many reasons, including their devotion to Mary. ■ The purpose of the Rosary is to help people remember the events in the lives of Jesus and Mary and to thank and praise God for them. ■ The main focus is on Jesus - his birth, life, death and resurrection. 	No
SPHE	<p>Quote: Your mind is a garden Your thoughts are like seeds You can grow flowers Or you can grow weeds.</p> <p>Discuss the above quote. What does it mean to you? Decorate a page with words/pictures to do with feeling relaxed and positive.</p>	Paper Pencils Colours	No

Wednesday 20th May

Subject	Activity	Resource	Submission																
English Title of Task: A Very Sore Nose	Oral/Reading/Writing: Discuss the focus words: activity, gymnastics, wobbly, partner, caught, dangerous, ice pack. Read the story 'A very Sore Nose' at the bottom of the file and complete the questions based on it.	Paper Pencil	No																
Gaeilge Title of Task: Siopadóir eacht	Read and answer the questions on the Irish piece 'Na Siopaí'. Make sure you write full sentences when you are answering the questions.	Paper Pencil	Yes																
Maths Title of Task: Time	Mental Maths: See pages at the end of the file. Play the game on folensonline: The number of hours in a day Answer the questions below: 1) How many months are in a year? 2) What is the third month of the year? 3) The seventh month is _____ 4) Christmas Day is in _____ 5) Hallowe'en is in _____ 6) How many seasons are there? 7) Summer comes after _____ 8) Summer comes before _____ 9) How many months in a season? 10) St. Patrick's Day is in _____	Game: https://content.folensonline.ie/programmes/PlanetMaths/PM1/resources/activitya/pm_1c_133a/index.html <table border="1" data-bbox="1087 938 1843 1084"> <thead> <tr> <th>Winter</th> <th>Spring</th> <th>Summer</th> <th>Autumn</th> </tr> </thead> <tbody> <tr> <td>November</td> <td>February</td> <td>May</td> <td>August</td> </tr> <tr> <td>December</td> <td>March</td> <td>June</td> <td>September</td> </tr> <tr> <td>January</td> <td>April</td> <td>July</td> <td>October</td> </tr> </tbody> </table> <u>Months of the year:</u> January, February, March, April, May, June, July, August, September, October, November, December.	Winter	Spring	Summer	Autumn	November	February	May	August	December	March	June	September	January	April	July	October	Yes
Winter	Spring	Summer	Autumn																
November	February	May	August																
December	March	June	September																
January	April	July	October																

SESE Title of Task: Lava lamp	Create your very own lava lamp: Watch the link to create your own lava lamp	https://youtu.be/7-BYKKtXCGU	No
The Arts Title of Task: Music	Music Generation: Check out the Music Generation folder on the school website. http://smltullow.ie/?p=7266	Youtube video from Ali: https://www.youtube.com/watch?v=nKz21UGBCi0&feature=youtu.be	No
Religion	<p>The Mysteries of the Rosary: Read and discuss the mysteries of the Rosary.</p> <p>Practice saying 'Glory be to the Father' (prayer is detailed below)</p>	<div style="background-color: #e6f2ff; padding: 10px;"> <h3 style="text-align: center;">The Mysteries of The Rosary</h3> <ul style="list-style-type: none"> ■ The Rosary Prayer focuses on the life of Jesus from the Bible. ■ The beads of the Rosary are divided into five decades (or sections); each decade represents an event from the life of Christ. ■ These five events are grouped into a set of four mysteries, each focused on an important part of the life of Christ. ■ Below are the names of the four mysteries: <ul style="list-style-type: none"> -Joyful - The Nativity -Luminous - The Baptism of the Lord -Sorrowful - The Crucifixion -Glorious - The Resurrection </div>	No
SPHE	Read and discuss the book 'Everybody Worries' by Jon Burgerman Is there anything you are worried about? How can we deal with our worries? How do we make ourselves feel better if we are worrying about something?	https://en.calameo.com/read/000777721945cfe5bb9cc?authid=Xu9pcOzU3TQx	No

Thursday 21st May

Subject	Activity	Resource	Submission
<p>English</p> <p>Title of Task: Summer</p>	<p>Oral/ Reading/ Writing: Complete the grammar activities in the resource box. The grammar activity warm up is on folensonline.ie.</p> <p>1) We use 'an' when a word starts with a vowel (a, e, i, o, u). We use 'a' when a word starts with any other letter. E.g. a rock, a fox, an ant, an elephant.</p> <p>2) Write 'of' or 'off' in the correct space. Eg. Desert animals have lots <u>of</u> abilities. It is hard to cool <u>off</u> in the desert.</p> <p>Test yourself on your spellings</p>	<p>Grammar activity: https://content.folensonline.ie/programmes/Starlight/1st_class/resources/activities/SL_01_ACT_Comb_04_010/index.html</p> <p>A Write 'a' or 'an'.</p> <ol style="list-style-type: none"> _____ cactus uses very little water. This is _____ hot place. I saw _____ enormous camel! _____ plant cannot live in the South pole. _____ animal needs food and water. I put _____ apple on the table.  <p>B Write 'of' or 'off'.</p> <p>Examples: Desert animals have lots of abilities. It is hard to cool off in the desert.</p> <ol style="list-style-type: none"> It is very cold at the top _____ the Earth. I fell _____ the rock. I took _____ my jacket. A cup _____ water will freeze quickly in the South Pole. A seal has lots _____ fat under its skin.  <p>C Choose the correct words to complete the sentences</p>	<p>No</p>
<p>Gaeilge</p> <p>Title of Task: Siopadóireacht</p>	<p>An Nuacht: Write your news (see template at the bottom of the file to help you).</p> <p>See Laethanta na Seachtaine (days of the week) in the resource box as they are a little blurry on the template below.</p> <p>Remember: Inniu = today, inné =yesterday, amárach = tomorrow</p>		<p>Yes</p>
<p>Maths</p> <p>Title of Task: Time</p>	<p>Mental Maths: See pages at the end of the file.</p> <p>Play the game 'what time is it Mr Wolf'</p>	<p>Paper Pencil</p>	<p>No</p>

Look at the calendar in the resource box. Fill in the missing numbers and answer the questions below:

- 1) How many days are in March?
- 2) How many Sundays in March?
- 3) How many Saturdays in March?
- 4) What day is the seventh of March?
- 5) What day is the ninth of March?
- 6) What day is the second Wednesday of March?

The month of March:



A Fill in the missing numbers on the calendar.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1		3	4	5
6		8	9		11	
13	14		16		18	19
	21		23		25	26
27		29		31		

P.E

PE Ladder challenge:
 Draw out a ladder using chalk (or just imagine the boxes if you don't have chalk!). See below for the different tasks you have to complete.

Outdoor space

No

SPHE

Guided Meditation for Children/ The Gratitude Tree

https://www.youtube.com/watch?time_continue=3&v=64QzBuhsyuk&feature=emb_logo

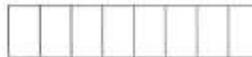
No

<p>Religion</p>	<p>Rosary Beads: Chat together about the Rosary beads: Who in your family might have a set of Rosary beads? Why do we carry them?</p> <p>Draw your own set of Rosary beads.</p>	<h2 style="text-align: center;">What Are Rosary Beads?</h2> <ul style="list-style-type: none"> ■ The Rosary Beads help us to keep count of the different parts of the Rosary Prayer. ■ The fingers are moved along the beads as the prayers are said. <div style="display: flex; justify-content: space-around; align-items: center;">  <div style="text-align: right;"> <p>The main parts of the Rosary:</p> <ol style="list-style-type: none"> 1. Sign of the Cross 2. The Our Father Prayer 3. The Hail Mary Prayer (x3) 4. The Glory Be to the Father 5. The Our Father Prayer 6. The Hail Mary Prayer (x10) 7. The Glory Be to the Father </div> </div>	<p>No</p>
<p>Refecation</p>	<p>2 stars and a wish. Think back over the week and write down two things that you really liked about the work you completed. Then pick one thing that you might do a little different next week to improve your work.</p>		<p>Yes</p>

<u>Glory be to the Father</u>	<u>Hail Mary</u>	<u>Our Father</u>	<u>Morning Prayer</u>	<u>Night Prayer</u>	<u>Grace Before Meals</u>	<u>Grace After Meals</u>
Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen.	Hail Mary, full of grace, The Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb Jesus. Holy Mary, mother of God, Pray for us sinners now, and at the hour of our death. Amen.	Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.	Father in heaven, you love me, You're with me night and day. I want to love you always, In all I do and say. I'll try to please you Father. Bless me through the day. Amen.	God our Father, I come to say Thank you for your love today. Thank you for my family, And all the friends you give to me. Guard me in the dark of night, And in the morning send your light. Amen.	Bless us, oh God, as we sit together, Bless the food we eat today. Bless the hands that made the food. Bless us, O God. Amen.	Thank you, God, for the food we have eaten. Thank you, God, for all our friends. Thank you, God, for everything. Thank you, God, Amen.

Spellings: 1) big 2) fox 3) milk 4) how 5) owl 6) brown 7) town 8) could 9) should 10) flowerpot

Mental Maths:

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	PROBLEM-SOLVING
<p>1. Tick the one that matches.</p>  <p> $2 + 3$ <input type="checkbox"/> $5 - 3$ <input type="checkbox"/> $5 - 2$ <input type="checkbox"/> $2 + 5$ <input type="checkbox"/> </p> <p>2. Tick the one that matches.</p>  <p> $10 - 6$ <input type="checkbox"/> $10 - 4$ <input type="checkbox"/> $6 + 4$ <input type="checkbox"/> $4 + 6$ <input type="checkbox"/> </p> <p>3. $1 + 8 =$ _____ $8 + 1 =$ _____</p> <p>4. $3 + 6 =$ _____ $6 + 3 =$ _____</p> <p>5. Double 5. _____</p> <p>6. $12 + 6 = 18$, so $18 - 12 =$ _____</p> <p>7.  $=$ _____ c</p> <p>8. $11 - 9 =$ _____</p> <p>9. $2 +$ _____ $= 11$</p> <p>10.  Tick the 2-D shapes that this bridge is made from. <input type="checkbox"/> circle <input type="checkbox"/> semicircle <input type="checkbox"/> rectangle <input type="checkbox"/> square <input type="checkbox"/> triangle </p>	<p>1.  These buildings are made from 2-D shapes. Tick the shapes you can see. <input type="checkbox"/> circle <input type="checkbox"/> semicircle <input type="checkbox"/> rectangle <input type="checkbox"/> square <input type="checkbox"/> triangle </p> <p>2. Colour half of the fish.</p>  <p>3. A teaspoon can hold more than 1 litre. <input type="checkbox"/> about 1 litre. <input type="checkbox"/> less than 1 litre. <input type="checkbox"/></p> <p>4. Put these in order, from lowest to highest. 35 78 56 65 </p> <p>5. 25, 20, 15, _____, 5</p> <p>6. $9 + 9 =$ _____</p> <p>7. $10 + 3 =$ _____</p> <p>8. $16 -$ _____ $= 10$</p> <p>9. Circle the numbers between 30 and 40. 27 34 41 39 52 </p> <p>10. $4 + 3 + 3 =$ _____ $3 +$ _____ $+ 3 = 10$ </p>	<p>1. $37 + 22 =$ _____</p> <p>2. What 2-D shape can you make from 3 pencils? _____</p> <p>3. Put these in order, from highest to lowest. 78 86 94 90 </p> <p>4. $50 + 10 =$ _____</p> <p>5. $30 - 20 =$ _____</p> <p>6. How many cups have been poured out?  </p> <p>7. Colour half.  </p> <p>8. Colour half.  </p> <p>9. Colour half.  </p> <p>10. Half of 2 is _____. 4 is _____. 6 is _____ </p>	<p>1. How many days in a week? _____</p> <p>2. Which block is over red? <input type="checkbox"/> blue <input type="checkbox"/> green  </p> <p>3. $8 - 5 =$ _____</p> <p>4. $9 - 6 =$ _____</p> <p>5. $49 + 1 =$ _____</p> <p>6. $5 + 3 + 2 =$ _____ $3 +$ _____ $+ 5 = 10$ </p> <p>7. Draw a line so this square turns into 2 triangles of the same size.  </p> <p>8. Double 7. _____</p> <p>9. Tick the one that matches.  <p> $7 + 10$ <input type="checkbox"/> $7 + 3$ <input type="checkbox"/> $10 - 3$ <input type="checkbox"/> $10 - 7$ <input type="checkbox"/> </p> </p> <p>10. Colour half.  Half of 8 is _____ </p>	<p style="text-align: center;">Monday</p> <p>15 people were waiting for a bus. 8 left on the 4 o'clock bus. Another 3 left the bus stop half an hour later. How many people were left? _____</p>  <p style="text-align: center;">Tuesday</p> <p>Lee's birthday is in May. He is having a party. It is the day after the 20th. What day of the week is Lee's party on? _____</p>  <p style="text-align: center;">Wednesday</p> <p>A chef cut 3 potatoes into halves. He serves 3 halves per plate. How many plates are needed? _____</p>  <p style="text-align: center;">Thursday</p> <p>Find the number. Add the sides of a square and the sides of a triangle. Take away half of 6. The number is _____.</p>

English- A Very Sore Nose

2a A Very Sore Nose

We started a new **activity** in PE last week – **gymnastics**.

First, we tried balancing on one leg. Jenna goes to gymnastics class outside of school, so she was really good at it.

I was **wobbly**, so I had to keep putting down my other foot. Aidan was the best at balancing on one leg. It seemed as if he could stand on one leg all day long!

Next, the teacher told us to join up with a **partner**.

Jenna said that she could do a handstand if I **caught** her legs.

I agreed, even though the teacher had told us not to try anything **dangerous**.

Jenna put her hands on the floor and kicked up her legs.

I tried to grab them but I missed, and Jenna kicked me straight in the nose!

Bang! I fell to the floor and Jenna fell on top of me.

My nose was very sore, but luckily, Jenna was fine.

The teacher got an **ice pack** for my nose and at last the pain went away.

I won't try any more fancy moves in gymnastics. I have a very sore nose to remind me of how dangerous that can be!



4 Focus words:

activity gymnastics wobbly partner
caught dangerous ice pack

Comprehension and Vocabulary

Unit 2a

Answer the questions.

1. What new activity did the children start in PE last week?

2. Why was Jenna good at balancing on one leg?

3. Who was the best at balancing on one leg?

4. What happened when Jenna tried to do a handstand?

5. What did the teacher give the girl to help with the pain?

6. What will remind her of how dangerous handstands can be?

Na Síopaí



Tá Mamai sa siopa glasraí.



Tá Daidi sa siopa spóirt.



Sue

Tá Sue sa siopa ceoil.



Tomás

Tá Tomás sa siopa bréagán.

CEISTEANNA

- 1 Cá bhfuil Mamai?
(Where is Mammy?)
- 2 Cá bhfuil Daidi?
(Where is Daddy?)
- 3 Cá bhfuil Tomás?
(Where is Tomás?)



FOCLÓIR

na síopaí 'the shops'
siopa glasraí 'vegetable shop'
siopa spóirt 'sports shop'
siopa ceoil 'music shop'
siopa bréagán 'toy shop'



fuair



te



flúch



tirim



gaofar



scamallach



dorcha



geal



An Nuacht

Inniu an _____

Inné an _____

Amárach an _____

Tá an lá _____

Chuaigh mé go dtí an siopa agus
cheannaigh mé _____

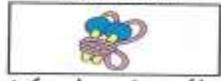
Tarraing pictiúr.



camán



leabhar



téad scipeála



bábóg



clogad



liathróid



róbó



rothar



cluiche



teach báboige

PE Ladder Challenge:

Ladder PE Tasks

10 Ladder Activities

What you'll need

- Athletics ladder or chalk to draw it
- Foot Spots (if appropriate)



The PE Shed



1. Jump on 2 feet in each square.



2. Hop on 1 foot in each square.



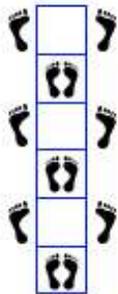
3. Step with both feet in each square.



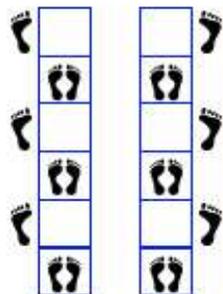
4. Side jumps with 2 feet in each square. Left to right first and right to left second.



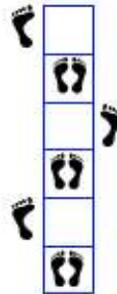
5. Side steps with both feet stepping in each square.



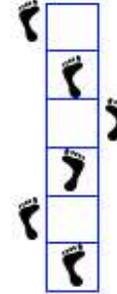
6. Jump on 2 feet in the square then 2 feet out of the square. Repeat.



7. Jump on 2 feet in the square then 1 foot hops out of the square. Try left foot hops first and then do it again with right foot hops.



8. Jump on 2 feet in the square, hop out on the left foot, jump on 2 feet in the square and then hop out on the right foot. Repeat.



9. Hop on 1 foot using the following this pattern



10. Jump on 2 feet using the following pattern.