

Suggested Gross Motor Activities from Ms. Turtle

For 1st Class Ms. Byrne

Week beginning 18th May 2020

<p><u>Monday</u> <u>18th</u></p>	<p>Gross Motor Skills: Complete Episode 11 10@10. Go for a walk or a cycle with your family. Fine Motor skills: Put 10 pegs around the edge of a box. Time yourself. Try to beat your time. Inferencing: What might happen next? Ask your child to tell you 2 or 3 things that could happen next. 1) Mum puts a cake in the oven. Then the telephone rings. What might happen next? 2) Two girls are playing football near the road. One girl kicks the ball into the road. What might happen next? 3) A dog is sitting in the Vets waiting room and wriggles off his lead. What might happen next? 4) Some children are in the swimming in the swimming pool. The lifeguard blows his whistle. What might happen next? 5) A man is reversing his car when his mobile phone starts ringing. What might happen next? 6) Some people get on a fun park ride. The ride starts to move. What might happen next? Talk and Discussion about a picture: Go to www.twinkl.ie/offer and enter the code IRLTWINKLHELPS to join for free. Download or print out the At the Beach Oral Language worksheets on www.twinkl.ie/resource/t-I-54028-at-the-beach-oral-language-activity-sheet Ask your child the comprehension questions about the picture. Use full sentences to answer the questions.</p>	<p>https://rtejr.rte.ie</p>
<p><u>Tuesday</u> <u>19th</u></p>	<p>Gross Motor Skills: Complete Episode 12 10@10. Fine Motor Skills: Practice putting coins into your money box. Or Practice sorting coins into sandwich bags. Expressive Language: Play a brainstorming game: Ask your child to name as many things she can about the following: 1) Name animals you would see in the zoo. 2) Name sports you can play. 3) Name things that are yellow. 4) Name things that are blue. 5) Name things we do in Summer. 6) Name things we do in Winter. 7) Name TV Programmes. 8) Name things you eat and drink.</p>	<p>https://rtejr.rte.ie</p>

	<p>Play a game of I spy in your garden/kitchen and sitting room. Your child chooses 2 things in each place for the game.</p> <p>Play a game of Describe it: Choose 7 or 8 toys/items you have at home and describe a different item each time without saying what it is. Mam or Dad guess which item you are describing.</p>	
<p><u>Wednesday</u> <u>20th</u></p>	<p>Gross Motor Skills:</p> <ol style="list-style-type: none"> 1) Practice throwing a ball into a hoop or a box throw with two hands. Then throw with 1 hand. 2) Set up goal posts 2 metres away 1 metre apart. Using 1 hand roll the ball between the goalposts to score goals. Try to score 10? Can you beat your score? 3) Kick a ball between the goalposts to score goals. Can you score 10? Can you beat your score? 4) Practice bouncing and catching a large ball with both hands. How many can you do? Can you beat your score? <p>Fine Motor Skills: Using some lego blocks make some designs in your playdough or help to water the plants and flowers in your garden by squeezing a plastic bottle of water or using a spray bottle if you have one at home.</p> <p>Listen and colour: Print out the Listen and Colour 4 key words worksheet on www.twinkl.ie/resource/t-s-3626-listen-and-colour-4-key-words-activity-sheet Call out the instructions twice and your child follows them.</p>	
<p><u>Thursday</u> <u>21st</u></p>	<p>Fine Motor Skills: Using a scissors cut a fringe into a sheet of paper by cutting small strips into the page. Or Cut up a sheet of paper into long strips.</p> <p>Talk and Discussion about a picture: Download or print out the Summer Oral Language worksheet on www.twinkl.ie/resource/roi-I-829-summer-oral-language-activity-sheet Ask your child the comprehension questions about the picture. Use full sentences to answer the questions.</p> <p>Listen to the story The Rainbow Fish on www.youtube.com/watch?v=r9mryuEKKkKc Ask your child to retell the story in her own words using full sentences</p>	

Friday
22nd

Catch up on any work not completed during the week.
If you would like to send any of the Suggested Gross Motor Activities that you complete this week to me my e-mail is marieturtle@smltullow.ie
You can send

- 1) A photo of the work.
- 2) A video of the work.
- 3) An audio clip of the work.

Have a lovely week!