

### Nurture Room Activities 18<sup>th</sup> May Mr. Kavanagh

This week, Make breakfast for someone else at home at least TWO days this week. Here is the menu which they can choose from:

- French Toast
- A Toasted Sandwich
- Beans on Toast
- Porridge/Weetabix
- Fruit Salad
- Scrambled Egg
- Boiled Egg
- Fried Egg

Make lunch for someone else at home at least THREE days this week. Here is the menu which they can choose from (make sure to write out the recipe so that you don't forget):

- Poached Eggs
- Omelettes
- Homemade vegetable soup
- Chicken/Sausage/Beef/ Vegetable skewers
- Homemade Salad
- Pizza Rolls

Try to make at least ONE of these games/activities at home and make sure to try it out!

**Bottle Toss:** Use the top of an old bottle and make a tin foil ball. Attach them together with a piece of string or glue. See how many times you can get the ball into the bottle. Make sure to keep score!

**Junk Art:** Make a piece of junk art using recycling materials.

**Marble Maze:** Make a maze using toilet roll tubes, the lid of a box and paints. Give each tube a different colour. Stick the tubes on in any order. Make the maze trickier by having to go through different coloured tubes in different orders

**Make an Instrument:** Make a shaker with rice and a bottle or a guitar with a box, elastic bands and sellotape (or both!)

Try to make at least TWO of these LEGO challenges!

- Build a robot
- Build something that floats
- Build a Pyramid
- Make your house

Make sure to send on photos of all the great work and activities that you are doing during the week. Send your emails to [adam@smltullow.ie](mailto:adam@smltullow.ie)

Have you got any ideas for what games/exercises/activities we could include for next week? If you have any ideas please send them on to [adam@smltullow.ie](mailto:adam@smltullow.ie)

**NB**

Sadly, due to GDPR (**General Data Protection Regulation**) we are unable to retain or look at any videos or photos which show your child's face or body. This is to ensure that we adhere to all Child Protection and GDPR regulations.

Instead of a video or photo that shows your child or family, you can send:

1. **A photo of the work.**
2. **A video of the work.**
3. **An audio clip of the work.**