

Class:4<sup>th</sup> Class

Week beginning: 25<sup>th</sup> May 2020

Hi everyone,

I hope you and your family are keeping well and that you are all getting some time to get out and enjoy the lovely weather!

I am so impressed with all the wonderful work you have completed to date. Well done to you and your families. I know it takes a different kind of effort. Keep an eye on the school website (<http://smltullow.ie/?p=7574>) for some of your fantastic work!

Just a reminder in relation to collecting your child's books. The 4<sup>th</sup> class date and time slot for collecting books is Tuesday 2<sup>nd</sup> June at 2pm. Please remember to follow the instructions given when entering and leaving the school grounds. For further information please check the school website.

Like last week, I have prepared some work for you to complete at home. Some activities are new topics. I hope you enjoy doing them at home. Once again, this is just a guide, please feel free to do what you can. The adults around you will help and remember to take your time doing them, there is no rush! Try your best and don't worry if you don't get it all finished. If you are unable to print pages that is not a problem, if your child can read from the screen and write the answers into a copy or page, that is perfectly fine. Please do what suits you and your family.

As you know already, some activities I will not be collecting, however for others I will be asking you to email me some of your work where possible- these will be marked YES in the submission box.

Remember, when sending a document to me please ensure that you put **your name, date and title of the task** is in the subject of the email to me so that I know who it is and what is being submitted. I will check my emails every day (Monday-Friday) but it is your responsibility to email these to me each day or as soon as you can! I am available from 9.10-2.50pm and will try to respond to you all.

Wishing you all a great week ahead!

Take care,

Ms. Dillon

[eileendillon@smltullow.ie](mailto:eileendillon@smltullow.ie)

P.S If there is a subject that you do not participate in e.g Religion or Gaeilge, please spend extra time on the Maths games and English activities provided.

**MASS ON FRIDAY ONLINE @ 9.30AM SO BE READY TO TUNE IN**

## Monday 25th May 2020

Subject	Activity	Resources	Submission
<b>English</b>  <u>Title of Task</u> <b>Fota Wildlife Park</b>	<p>(A) Gain access to the CJ Fallon website as directed before. Click on Word Wise book 4. Go to page 72. Read about Fota Wildlife Park and then complete part A on page 73.</p> <p style="text-align: center;"><u>OR</u></p> <p>Use the pictures below to complete this activity (Refer to Appendix 1).</p> <p>(B) <b>Spellings to learn:</b> trial, social, special, initial, partial  * <b>Letter strings:</b> ial, as in trial</p>	<a href="http://www.cjfallon.ie">www.cjfallon.ie</a> English copy/page Pencil Appendix 1	YES
<b>Maths</b>  <u>Title of Task:</u> <b>3-D shapes</b>	<p>(A) Watch the following video on 3D shapes: <a href="https://www.youtube.com/watch?v=3-QwWfKz5hw">https://www.youtube.com/watch?v=3-QwWfKz5hw</a></p> <p style="text-align: center;"><u>OR</u></p> <p>Read appendix 2</p> <p>(B) Which 3-D shapes can you see in the pictures below (Appendix 3). Write them out into your copy.</p> <p>(C) <b>Tables ÷ 9</b> (refer to Appendix 4) - Tables game to play</p> <ul style="list-style-type: none"> <li><a href="https://www.topmarks.co.uk/maths-games/7-11-years/multiplication-and-division">https://www.topmarks.co.uk/maths-games/7-11-years/multiplication-and-division</a></li> </ul>	Maths copy Page Pencil Appendix 2 Appendix 3 Appendix 4	NO
<b>Gaeilge</b>  <u>Title of Task:</u> <b>Sa Bhaile</b>	<p>(A) <b>Litriú:</b> halla (hall), seomra suí (sitting room), cistin (kitchen)  Use the Look, say, cover, write and check method to learn spellings.</p> <p>(B) Play on the Duolingo app for 10 minutes today to see how many Irish words you know.</p> <p>(C) Cúla4 ar Scoil @10am on TG4</p>	TG4 <a href="https://www.duolingo.com/course/ga/en/Learn-Irish">https://www.duolingo.com/course/ga/en/Learn-Irish</a>	NO
<b>History</b> <u>Title of Task:</u> <b>The Olympic Games</b>	<p>(A) Read the pages below on the Olympic Games (Appendix 5)</p> <p>(B) Complete Activity A page 98 (Appendix 5)</p>	Pencil Copy/page Appendix 5	NO

<p><b>SPHE</b>  <u>Title of Task:</u>  <b>Hygiene</b></p>	<p>Having clean hands helps stop the spread of illnesses. You are probably experts by now but here is another quick look at how to wash your hands properly - (Refer to Appendix 6)</p> <p>Draw a picture to help encourage people to wash their hands.</p>	<p>Copy  Pencil  Colours  Appendix 6</p>	<p>YES</p>
<p><b>P.E</b>  <u>Title of Task:</u>  <b>Warm-up game</b></p>	<p>Warm-up game: Simon Harris says.... (Refer to Appendix 7)</p>	<p>Appendix 7</p>	<p>NO</p>
<p><b>Religion</b>  <u>Title of Task:</u>  <b>At Mass We give Thanks</b></p>	<p><u>About being thankful:</u> Have you said thanks to anyone today? Has anyone thanked you today? Why do people say, 'thank you'? Do you ever say thanks to God? Why might people want to say thanks to God? How do people say thanks to God? Do you think there is always something we should be thankful for? Is it important to say thanks/ to be thankful? Why or why not? Read the story 'Jayden and Sophia Say thanks' and answer the questions orally after (Refer to Appendix 8)</p>	<p>Appendix 8</p>	<p>NO</p>

## Tuesday 26<sup>th</sup> May

Subject	Activity	Resources	Submission
<p><b>English</b></p> <p><u>Title of Task:</u> <b>Brochures</b></p>	<p><b>(A) Please read:</b> Brochures are used to advertise a service or a product. They usually contain bright colours and clear writing to catch the reader's attention. The brochure from yesterday advertises Fota Wildlife Park. A brochure often contains a logo, or symbol, of the service or product. A logo or symbol that is easily recognised is often used. A logo is a symbol made up of text and images that identifies a business. A good logo shows what a company does and what the brand values. Here are some famous logos below: which ones can you identify?</p>  <p><b>(B)</b> Complete the logo activity below (Refer to Appendix 9)</p> <p><b>(C) Spellings to learn</b> cough, rough, tough, trough, enough <b>Letter strings:</b> ough as in cough (f sound)</p>	<p>English copy/page Pencil Appendix 9</p>	<p>YES</p>
<p><b>Maths</b></p> <p><u>Title of Task:</u> <b>3-D shape hunt</b></p>	<p><b>(A)</b> Can you work out what 3D shape these real-life objects are (Refer to Appendix 10)</p> <p><b>(B)</b> Look around your house and garden for objects that have a 3-D shape. Draw them into your copy and write the name of the 3-D shape and object.</p> <p><b>(C) Tables÷ 9;</b> Skip counting in 9's to 108</p>	<p>Maths copy/page Pencil Appendix 10</p>	<p>YES-send me a picture of what 3-D shapes you found.</p>

<p><b>Gaeilge</b></p> <p><u>Title of Task:</u> <b>Sa Bhaile</b></p>	<p>(A) <b>Litriú:</b> Seomra codlata (bedroom), seomra folctha (bathroom), seomra spraoi (playroom)</p> <p>Use the Look, say, cover, write and check method to learn spellings.</p> <p>(B) Using your spellings from the week write 5 sentences using the construction: Tá Niamh sa _____</p>	<p><a href="https://www.focloir.ie/en/">https://www.focloir.ie/en/</a></p>	<p>NO</p>
<p><b>Music</b></p> <p><u>Title of Task:</u> <b>Music Generation</b></p>	<p>Check out the Music Generation folder on the school website</p> <p><a href="http://smltullow.ie/?p=7266">http://smltullow.ie/?p=7266</a>;</p> <p>Click on week 7 4th-6<sup>th</sup> Class</p>	<p><a href="http://smltullow.ie/?p=7266">http://smltullow.ie/?p=7266</a></p>	<p>NO</p>
<p><b>P.E</b></p> <p><u>Title of Task:</u> <b>Get active</b></p>	<ul style="list-style-type: none"> <li>• Go outside and be active for at least 30 minutes</li> <li>• Have a look at Scoilnet Beyond the Classroom. Link below</li> <li>• <a href="https://vimeo.com/404404521">https://vimeo.com/404404521</a> Running Home Activity B</li> </ul>	<p><a href="https://vimeo.com/404404521">https://vimeo.com/404404521</a></p>	<p>NO</p>
<p><b>Science</b></p> <p><u>Title of Task:</u> <b>Experiment time!</b></p>	<p>Carry out the experiment below to show how germs hate soap (Refer to Appendix 11). Get an adult to help you at home.</p>	<p>Copy Pencil Materials for experiment Appendix 11</p>	<p>NO</p>
<p><b>Art</b></p> <p><u>Title of Task:</u> <b>Design and name a logo</b></p>	<p>A new pet farm will be opening shortly in your area. Choose a name and design a logo for it.</p>	<p>Pencil, colours, page</p>	<p>NO</p>

## Wednesday 27<sup>th</sup> May

Subject	Activity	Resource	Submission
<p><b>English</b></p> <p><u>Title of Task:</u> <b>Design a brochure</b></p>	<p><b>(A)</b> A new pet farm will be opening shortly in your area. Design a brochure to advertise the new pet farm. Fold an A4 sheet of white paper/card in two. <u>Page 1:</u> The name and logo should appear on the front. <u>Page 2:</u> List the animals and facilities at the new pet farm e.g. a playground, a petting corner, include pictures. <u>Page 3:</u> List special activities available at the pet farm e.g. treasure hunts, a bouncing castle. <u>Page 4:</u> The back page should contain the opening hours, prices, address and telephone number. Choose suitable colours for the background.</p> <p><b>(B) Spellings to learn</b> bought, fought, sought, thought, nought <b>Letter strings:</b> <i>ought</i> as in bought</p>	<p>Copy A4 page/card Pencil Colours</p>	<p>YES</p>
<p><b>Mathematics</b></p> <p><u>Title of Task:</u> <b>3-D shapes</b></p>	<p><b>(A)</b> 3-D Shape Colouring- Use the key to colour in the 3D shapes correctly (Appendix 12)</p> <p><b>(B)</b> Tables÷ 9; Play game in resource box</p>	<p>Ruler Pencil Appendix 12 <a href="https://www.timestables.com/">https://www.timestables.com/</a></p>	<p>NO</p>
<p><b>Gaeilge/Art</b></p> <p><u>Title of Task:</u> <b>Sa Bhaile</b></p>	<p><b>(A) Litriú:</b> seomra fóntais (utility room), seomra gréine (sunroom) áiléar (attic)</p> <p><b>(B)</b> Draw the inside of a house and label the rooms of the house using some of your spellings from this week. You can use the template below (Appendix 13) or draw your own house.</p>	<p>Pencil Appendix 13</p>	<p>YES</p>
<p><b>Geography</b></p> <p><u>Title of Task:</u> <b>Munster</b></p>	<p>Can you name the six counties of Munster? (Appendix 14 ). Check your answers here: <a href="https://www.ireland101.com/map">https://www.ireland101.com/map</a> Complete the Munster wordsearch here: <a href="https://www.twinkl.co.za/resource/roi2-g-109-counties-of-munster-word-search">https://www.twinkl.co.za/resource/roi2-g-109-counties-of-munster-word-search</a> Play map game online: <a href="https://online.seterra.com/en/vqp/3150">https://online.seterra.com/en/vqp/3150</a></p>	<p>Appendix 14</p>	<p>NO</p>

<p><b>SPHE</b></p> <p><u>Title of Task:</u> <b>Handwash Bottle</b></p>	<p>Design a handwash bottle. Design a fabulous handwash with a label that will encourage people to wash their hands! <b>Think about:</b> - what will it smell like? What will it look like? Make the bottle stand out, so that people want to buy it. Make it look fun, so that people will want to use it. (Refer to Appendix 15)</p>	<p>Appendix 15</p>	<p>NO</p>
<p><b>Religion/Art</b></p> <p><u>Title of Task:</u> <b>'Thank You' card</b></p>	<p>Make a 'Thank You' card for God, thanking him for some special gift in your life. You can write your own prayer of thanks on the card. You can place your thank you card on your May Altar if you wish.</p>	<p>Copy/Page Pencil Card Colours</p>	<p>NO</p>
<p><b>P.E</b></p> <p><u>Title of Task:</u> <b>Catching</b></p>	<ul style="list-style-type: none"> <li>• Go outside and be active for at least 30 minutes</li> <li>• Have a look at Scoilnet Beyond the Classroom. Link below</li> <li>• <a href="https://vimeo.com/412274551">https://vimeo.com/412274551</a> Catching Home Activity B</li> </ul>	<p><a href="https://vimeo.com/412274551">https://vimeo.com/412274551</a></p>	<p>NO</p>
<p><b>Drama</b></p> <p><u>Title of Task:</u> <b>Charades Game- Act it out</b></p>	<p>Play the charades game using the following role-play scenarios. Write out the following scenarios on a piece of paper and cut each of them out individually. First player picks a piece of paper out and then must act out what's on the card. First person to guess it, gets a point and is up next to play.</p> <ul style="list-style-type: none"> <li>-Milking a cow</li> <li>-Changing a tyre</li> <li>-Mowing the lawn</li> <li>-Scoring a goal</li> <li>-Playing hurling</li> <li>-Giving a haircut</li> <li>-Winning an Olympic medal</li> <li>-Making a pizza</li> </ul>	<p>Paper Pencil</p>	<p>NO</p>

## Thursday 28<sup>th</sup> May

Subject	Activity	Resource	Submission
<b>English</b>  <u>Title of Task:</u> <b>Spellings and Reading</b>	<p><b>(A) Spellings:</b> Revise all spellings from the week. With an adult test yourself on all the spellings you had for this week. Write out into a copy.</p> <p><b>(B)</b> Gain access to the CJ Fallon website as directed before. Click on Spell Well book 4. Go to page 61. Complete activities D and E  <u>OR</u>            Use the pictures below to complete this activity (refer to Appendix 16).</p> <p><b>(C)</b> Choose a book of your choice and read aloud for 20 minutes. <b>Reading gives us someplace to go when we have to stay where we are!</b></p>	<a href="https://www.cjfallon.ie">https://www.cjfallon.ie</a> Copy Pencil Appendix 16	NO
<b>Maths</b>  <u>Title of Task:</u> <b>Making 3-D shapes</b>	<p><b>(A)</b> Try and make the following 3-D shapes: cube, cuboid, triangle-based pyramid, rectangle-based pyramid. Using playdough and toothpicks works best, but you could also use pipe-cleaners, straws, match sticks, lollipop sticks, blue tac, white tac, plasticine or putty. Follow the instructions below to make your own 3-D shapes (Refer to Appendix 17)</p> <p><b>(B)</b> Tables: <math>\div 9</math> -with an adult test yourself on your tables from this week.</p>	Maths copy Page Pencil Appendix 17 Materials to make 3-D shapes: Playdough Toothpicks	YES- I would love to see what you made!
<b>Gaeilge</b>  <u>Title of Task:</u> <b>Bris an Cód</b>	<p><b>(A)</b> Revise all <b>litriú</b> from Monday/ Tuesday/Wednesday. With an adult test yourself on all the Litriú you had for this week.</p> <p><b>(B)</b> Bris an Cód---Sa Bhaile (Refer to Appendix 18)- When you are finished look up any words you don't know on <a href="http://www.focloir.ie">www.focloir.ie</a></p>	<a href="http://www.focloir.ie">www.focloir.ie</a> Copy, pencil Appendix 18	NO
<b>P.E</b>  <u>Title of Task:</u> <b>Balancing</b>	<ul style="list-style-type: none"> <li>Go outside and be active for at least 30 minutes</li> <li>Have a look at Scoilnet Beyond the Classroom. Links below</li> <li><a href="https://vimeo.com/409588960">https://vimeo.com/409588960</a> Balancing Home Activity B</li> </ul>	<a href="https://vimeo.com/409588960">https://vimeo.com/409588960</a>	NO

<b>Religion</b> <u>Title of Task</u> <b>Mass</b>	Listen and tune into Daily Mass @ 9.30am. Click on the link to access daily Mass in St. Augustin's Church in Cork <a href="https://www.churchservices.tv/augustinians">https://www.churchservices.tv/augustinians</a>	<a href="https://www.churchservices.tv/augustinians">https://www.churchservices.tv/augustinians</a>	
<b>Art</b> <u>Title of Task:</u> <b>SUPERHEROES ART COMPETITION</b>	Irish Independent Children's Superheroes Art Competition. The theme is 'Corona Superheroes' - the heroes in our communities who are helping during lockdown- our nurses, doctors, health care workers, Delivery drivers, our supermarket staff and many more. See details below(Refer to Appendix 19) also see <a href="https://www.independent.ie/entertainment/competitions/superheroes-art-competition-39200671.html">https://www.independent.ie/entertainment/competitions/superheroes-art-competition-39200671.html</a>	Appendix 19	YES- see details on their website. <b>Closing date:</b> 16 <sup>th</sup> June

**All done!**

**Enjoy the long weekend ladies!**

Other Activities:

- \*RTÉ are still broadcasting over an hour of "school on TV" to support primary school children and their parents at home (Monday to Friday at 11am)
- \* Cúla 4 ar scoil @10:00am, ar TG4
- \* Animal-webcams from Dublin ZOO-: <https://www.dublinzoo.ie/animals/animal-webcams/>
- \*GAA - Kids Activity Pack - <https://www.gaa.ie/my-gaa/getting-involved/kids-activities>

**Comprehension**

## Fota Wildlife Park

Have you heard what's happening in Fota Wildlife Park this year?

**New for school tours this year**  
While every visit to Fota Wildlife Park is educational, this year your visit will be made even better by hopping along to our new Tropical House. Fota's Tropical House is home to a range of reptiles, fish, amphibians and colourful butterflies that are sure to make you flutter! It's a tiny oasis where you can get a tropical feeling on any day of the year. With the tropical temperatures and humid air, you'll really get a sense of what it feels like to be in the rainforest.

This indoor habitat is home to many South American and Asian reptile, fish and bird species, including a two metre-long boa constrictor! There's fun for everyone during our daily programme of animal talks and feeding times. Get closer than ever before to our creatures with our daily events, which allow pupils to marvel at the wonders of nature. Explore, enjoy and learn!



**New this year - free activities for primary school groups**

**SOS (Save Our Species) workshops**  
When visiting the wildlife park, why not visit our entertainment tent? New for the season, pupils and teachers alike can enjoy our SOS workshops, giving pupils a chance to view our native species up close and personal! Learn about the everyday threats that are posed to our native animals and the ways in which you can help to protect them.

**Tropical House information sessions**  
Our information team will introduce your pupils to our new creatures - ranging from salamanders to the rarest frog species in the world, there's something to suit everyone's interest.

Whatever the weather and whatever your age, there is always something to 'see, learn, discover and do' at Fota Wildlife Park! We look forward to seeing you soon!

**Cost: €7.50 per pupil (non-guided) including entrance fee and workshops!**  
**Group size: Minimum group size of 20 pupils**

**Answer the questions.**

1. What is new to Fota Wildlife Park this year?
2. Where are the species in the Tropical House from?
3. What does SOS stand for at Fota Wildlife Park?
4. What happens during an SOS workshop?
5. What is the cost per pupil to go to Fota Wildlife Park?
6. Why is the Tropical House kept at a tropical temperature with humid air?
7. Why do you think animals are kept in zoos and wildlife parks?
8. Would you like to visit Fota Wildlife Park? Why/Why not?
9. What kind of work would you do, if you worked at Fota Wildlife Park?
10. Would you like to work at Fota Wildlife Park? Why/Why not?

ABCDEFGHIJKLMNOPQRSTUVWXYZ

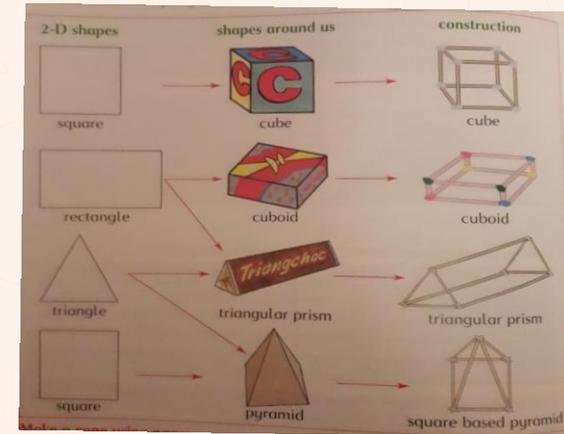
## Appendix 2

### 3-D shapes

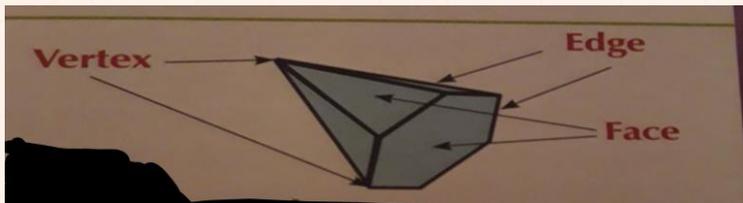
A three-dimensional shape (3-D shape) can be defined as a **solid** figure or an object or **shape** that has three dimensions – length, width and height.

Unlike two-dimensional shapes (2-D shapes), three-dimensional shapes have thickness or depth.

Solid shapes come from flat shapes. Solid shapes are all around us.



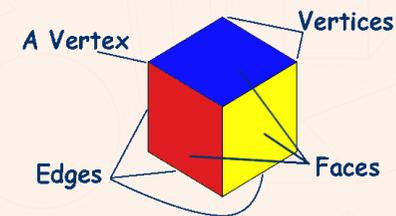
3D shapes have faces (sides), edges and vertices (corners)



\***Vertex (Plural: Vertices)** - These are the corners or points of the shape.

\***Edges**- these are the sides of the faces, where two faces meet.

\*A **face** is a flat or curved surface on a 3D shape.

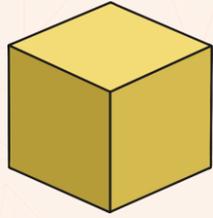


A cube has six faces  
A cube has 12 edges  
A cube has 8 vertices

## Cube

Cubes have:

- 6 faces;
- 12 edges
- 8 vertices;
- edges that are all the same length.

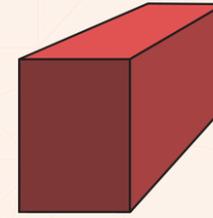


twinkl.com

## Cuboid

Cuboids have:

- 6 faces;
- 12 edges
- 8 vertices;
- edges that are **not** all the same length.

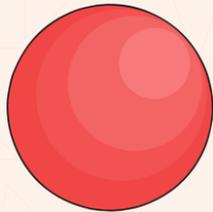


twinkl.com

## Sphere

Spheres:

- are perfectly round;
- have no edges;
- have no vertices.
- 1 curved surface

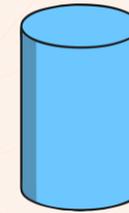


twinkl.com

## Cylinder

Cylinders have:

- 2 flat and circular faces;
- 1 curved surface;
- **no** vertices.

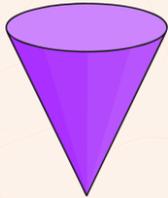


twinkl.com

## Cone

Cones have:

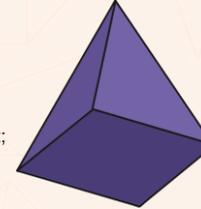
- 1 flat face which is a circle;
- 1 vertex;
- 1 edge;
- 1 curved surface.



## Square-Based Pyramid

Square-based pyramids have:

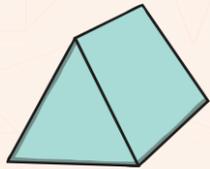
- a square base;
- 4 triangular faces that make a sharp point;
- 5 faces.



## Triangular Prism

Triangular prisms have:

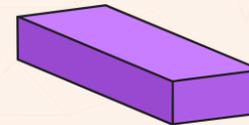
- 5 faces;
- 2 triangular faces;
- 3 rectangular faces;



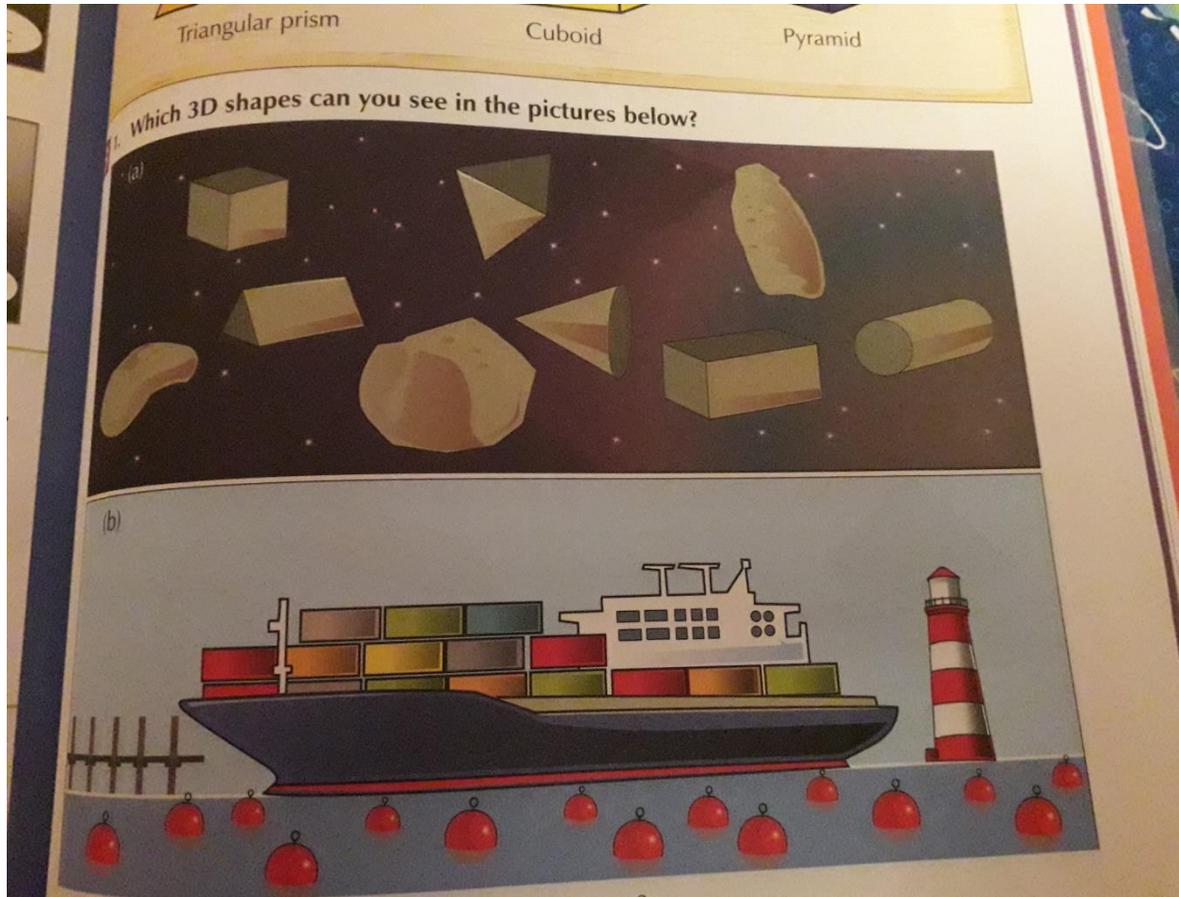
## Rectangular Prism

Rectangular prisms have:

- 6 faces;
- 12 edges
- 8 vertices;
- edges that are **not** all the same length.



Appendix 3



Appendix 4

9

$9 \div 9 = 1$

$18 \div 9 = 2$

$27 \div 9 = 3$

$36 \div 9 = 4$

$45 \div 9 = 5$

$54 \div 9 = 6$

$63 \div 9 = 7$

$72 \div 9 = 8$

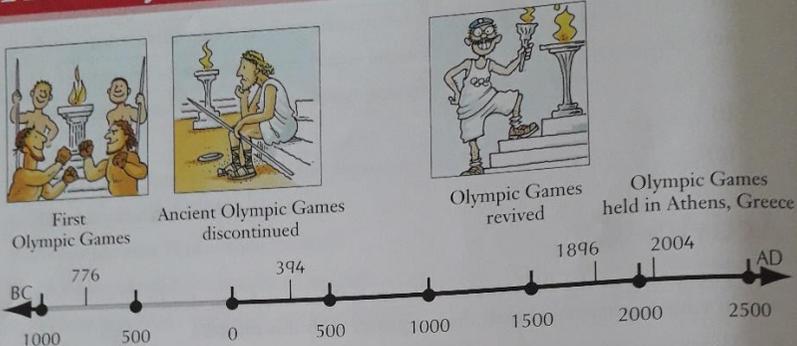
$81 \div 9 = 9$

$90 \div 9 = 10$

$99 \div 9 = 11$

$108 \div 9 = 12$

## Chapter 10 The Olympic Games



The first Olympic Games took place in 776 BC. They were held in Olympia in Greece. At that time, a great festival was held every four years to honour the Greek gods. The Olympic Games were held during this festival. All the events in these ancient Olympic Games were closely connected to war. These events included boxing, wrestling, javelin and discus-throwing, running, jumping and chariot-racing. The ancient Olympic Games continued up to about AD 394.

The first modern Olympic Games were held in 1896. A young Frenchman, **Pierre de Coubertin**, came up with the great idea of **reviving** (starting again) this worldwide competition. He thought that bringing young athletes together would help to bring peace to the world. Only 13 countries were represented at the first modern Olympic Games which were held in Athens in Greece.



Opening ceremony in Athens 2004

The games have been held every four years since then except in 1916 during World War 1 and in 1940 and 1944 during World War 2. The Winter Olympics were first held in 1924. This meant that sports such as skiing, ski racing and ski jumping were added to the list of events. Up until 1994, the Summer and Winter Games were held at the same time.



A drawing of how Olympic organisers hope the Olympic Stadium in London will look in 2012

Now the Winter and Summer Olympic Games are held two years apart. In 2004, the Summer Olympics were held in Athens in Greece. In 2006, the Winter Olympics took place in Turin in Italy. The reason for splitting them into two separate games was because they were becoming too big to organise properly at the same time.

Winning an Olympic medal is very difficult. It takes very hard work and many, many hours of preparation and training on the part of each athlete. They then have to compete with the best athletes in their sport to try to win a medal.



The following Irish people have won medals at the Olympic Games.



Sonia O'Sullivan



Ronnie Delany



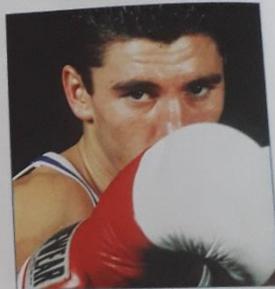
Michael Carruth



John Treacy



Michelle Smith



Wayne McCullagh

The running race over the longest distance in the Olympics is called the **marathon**. There is a legend in Greek history about a man called Pheidippides (fe-dipp-id-ies). It is said that in 490 BC, he ran to tell the news of the Greek victory over Persia in the Battle of Marathon.

When he reached Athens, which was about 42 kilometres away, he shouted 'Rejoice, we conquer'. The legend says that he dropped down dead from exhaustion soon after that.

Abebe Bikila from Ethiopia won the marathon in the Rome Olympics in 1960 running in his bare feet.



The Olympic flag was first used at the 1920 Games in Antwerp in Belgium. The flag has five interlocking rings.

The rings represent the five continents of the world who come together for the Olympic Games – Africa, Asia, America, Australasia and Europe. The colours of the rings are blue, yellow, black, green and red. These colours were decided upon because at least one of them was in the flag of every country in the world at that time.



The idea of an Olympic flame began during the ancient Olympic Games. A flame was lit for each Olympics and burned constantly during the Games. The first **relay** using a lighting torch took place at the 1936 Games in Germany. The flame begins its relay from Olympia in Greece to the city where the Olympic Games will take place.

The Olympic motto is

**SWIFTER  
HIGHER  
STRONGER**

The most important thing in the Olympic Games is not to win but to take part, just as the most important thing in life is not to triumph but to struggle. The essential thing is not to have conquered but to have fought well.

HISTORY QUEST 4

## Activity A

1. The word starts with 'G'. It is the name of the country where the Olympic Games began. \_\_\_\_\_
2. This words starts with 'T'. It is something that carries a flame. \_\_\_\_\_
3. This word starts with 'S'. \_\_\_\_\_  
It is a season of the year in which some Olympic Games are held.
4. This word starts with 'F'. It is the number of rings on the Olympic flag.  
\_\_\_\_\_
5. This word starts with 'M'. It is the award given to the people who finish in the top three places in each Olympic event. \_\_\_\_\_
6. This word starts with 'S'. It is a very large building in which the main athletic events are held. \_\_\_\_\_
7. This word starts with 'G'. It is a precious metal. The first athlete in each event receives this medal. \_\_\_\_\_
8. This word starts with 'S'. It is the first name of a famous Irish female athlete.  
\_\_\_\_\_
9. What is your favourite event in the Olympics? Why?  
\_\_\_\_\_
10. How do you think the Olympic athletes feel when they win medals?  
\_\_\_\_\_

## Activity B

## Appendix 6

Having clean hands helps stop the spread of illnesses. You are probably experts by now but here is another quick look at how to wash your hands properly -

When should you clean your hands? Always...

- After you use the toilet
  - After touching animals
  - Before you eat
  - After playing outside
1. Wet your hands with warm water and squirt on some soap.
  2. Rub your hands together until the soap is nice and bubbly.
  3. Rub the top of your hands, between your fingers and under your fingernails.
  4. Don't forget your thumbs and the backs of your hands.
  5. Do this for at least 20 seconds
  6. Rinse your hands under running water.
  7. Dry your hands with a clean towel or paper towel.



**Germ Science**

Whatever you did today, you came into contact with germs.

It's easy for a germ on your hand to end up in your mouth.

How many foods do you eat with your hands?

Do you suck your thumb or bite your nails?

Washing your hands is the best way to stop germs from spreading.

Think about all of the things that you touched today. Pencils in the classroom, the toilet, a football or an apple.

## Warm-Up Game: Simon Harris Says...

Maybe you're familiar with the game Simon Says, but we've decided to add a twist to it. Ireland's Minister for Health Simon Harris has been in the news a lot in recent times, reminding us all to wash our hands and stay safe at home.

With that in mind, here's how to play the warm-up game: SIMON HARRIS SAYS... You need at least 3 players for this so why not get everyone in your home involved? Always remember when exercising, if something hurts stop immediately and don't overdo it.



1) Choose someone to be the caller. This person calls out actions and the players must follow them but only if the caller says: "Simon Harris says...." before saying the action.

2) For example, the caller says: "Simon Harris says scrub your hands!" and everyone does the action of scrubbing hands. But if the caller says: "Scrub your hands!" and hasn't said "Simon Harris says" before it and a player does the action, then they need to sit out for the rest of the game.

3) The last player still in the game is the winner.

4) You can set a time limit of 10 minutes for this warm-up game, or play for as long as you want, depending on how much fun you're having.

5) Here are ideas for actions that can be called out (with or without "Simon Harris says..." before it):

- Jump away from each other (to practice social distancing).
- Wash your hands vigorously.
- Shake it off! (Shake out your whole body).
- Stamp out the virus (stamp your legs 10 times).
- Cough into each elbow 10 times (alternating between elbows)
- Raise your arms up and down 5 times (as if you're saying "hi" to faraway neighbours).

## STORY

### Jayden and Sophia Say Thanks

The week of the twins birthday had finally arrived and Jayden and Sophia could hardly wait for the party on Friday. They had spent weeks planning activities and deciding who they would invite and speculating about what presents they might get ... and what presents they would love to get!

Eventually, it was Friday. The party was great fun as they played all the games they had planned. Mrs Fox, a neighbour, brought along her puppet theatre, which was a great success. As a surprise, the twins' grandad had invited an entertainer who did balloon modelling. All the children got a balloon going home in the shape of an animal they liked. The food was great and everyone loved the big cake that the twins had designed and decorated all by themselves.

And now the big day was over. The twins had opened their gifts and cards and they were very happy. As they looked at their presents, Jayden remarked, 'We really should say thanks for all these lovely gifts.'

Sophia seemed a little puzzled and asked, 'But didn't we thank everyone when they were going home?'



'Yes, I know we did,' Jayden answered, 'but why don't we make "Thank You" cards to show everyone how thankful we really are? I got a gift of some stickers and craft stuff that we could use to make the cards.'

'Why didn't I think of that?' Sophia replied with a smile, 'you always come up with great ideas!'

'That's a very thoughtful suggestion,' said Grandad, and their mum agreed.

So the twins gathered all their art materials and set about their task.

After you have read the story answer the following questions:

\*Which of the twins first suggested that they make 'Thank You' cards?

\*Who remarked that making 'Thank You' cards was a thoughtful thing to do?

\*Why might Grandad have thought that making 'Thank You' cards was a lovely thing to do?

\*What had the twins to be thankful for?

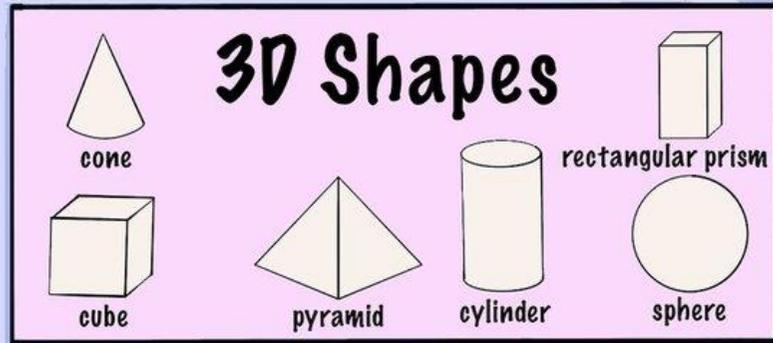
\*How do you feel when someone says 'thank you' to you?

Tuesday 26<sup>th</sup> May

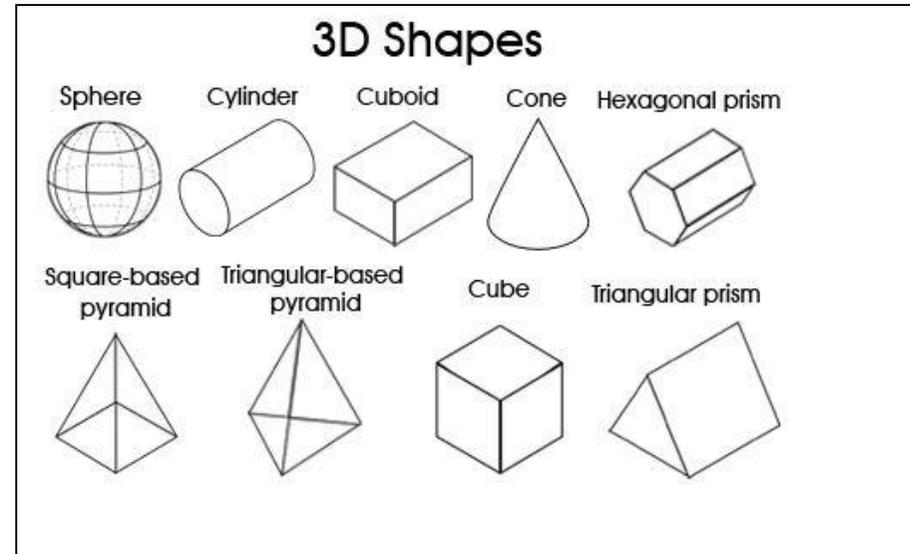
Appendix 9

Can you think of any logos for cars, clothes or companies? Draw a logo for each in the boxes below

Car logo	Clothes logo	Company logo



Write what shape each real life object is.



## Appendix 11

### Experiment – To Show how germs hate soap

*What you will need – A bowl, water, glitter (pepper works well too), liquid soap*

1. Fill a bowl with water
2. Sprinkle some glitter on the water. It should float on the surface.
3. Dip a finger into the middle of the bowl. Does anything happen?
4. Now dip the tip of your finger into some soap and then into the middle of the bowl. What happens?

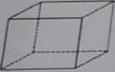
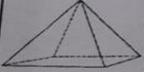


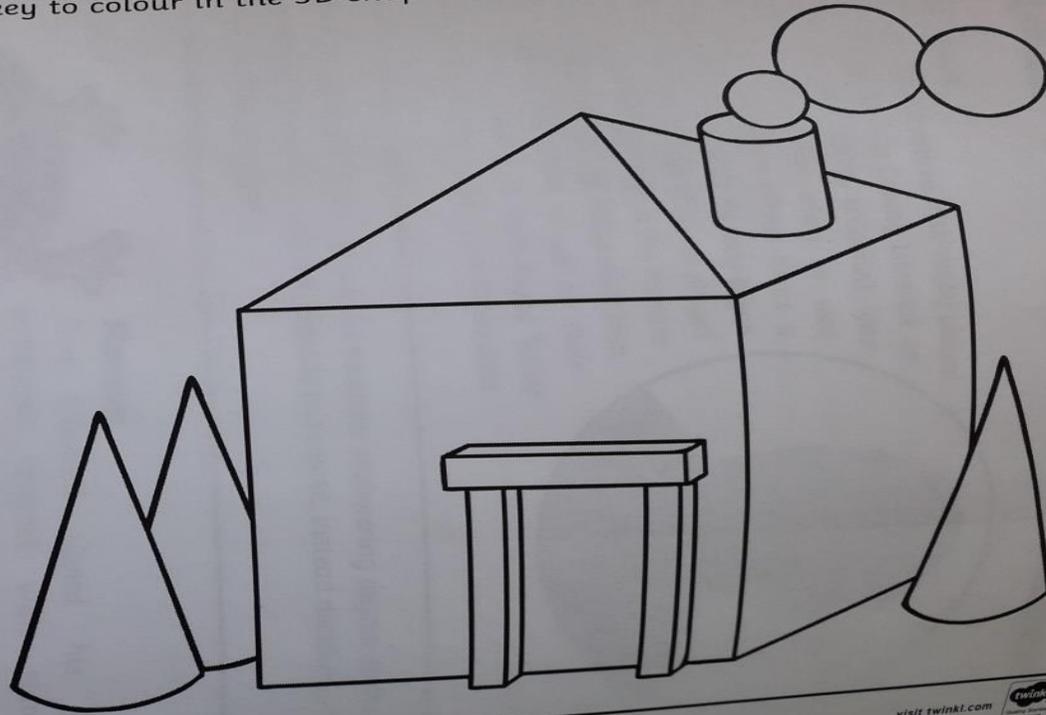
**Result:** When you dip your finger into the bowl of germs with no soap nothing much happens, except you might get some germs on your finger.

When you dip your finger into the bowl of germs with soap on your finger the germs should quickly run away from it.

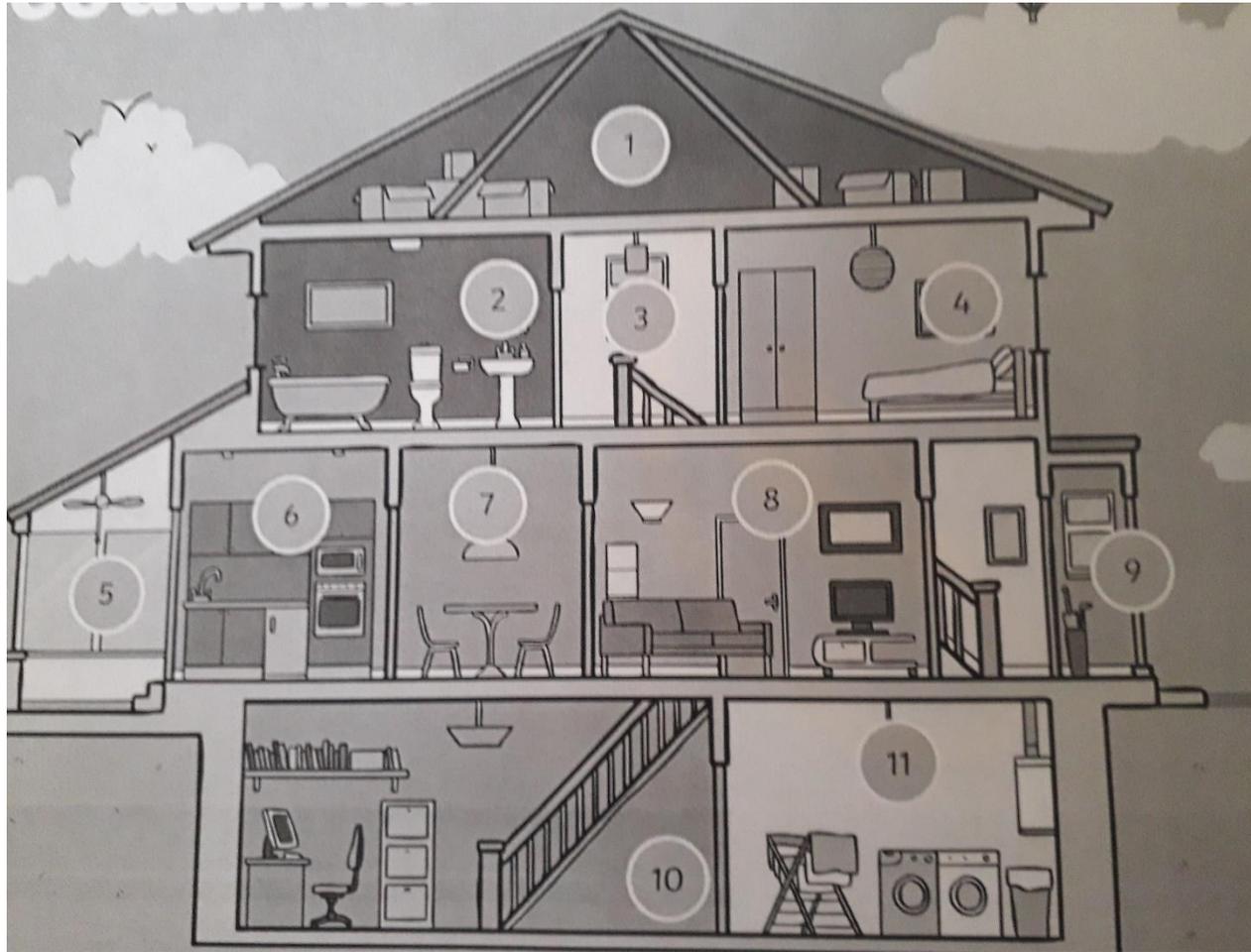
# 3D Shape Colouring

Use the key to colour in the 3D shapes correctly.

Key		
Shape	Name	Colour
		blue
		yellow
		purple
		green
		orange
		red

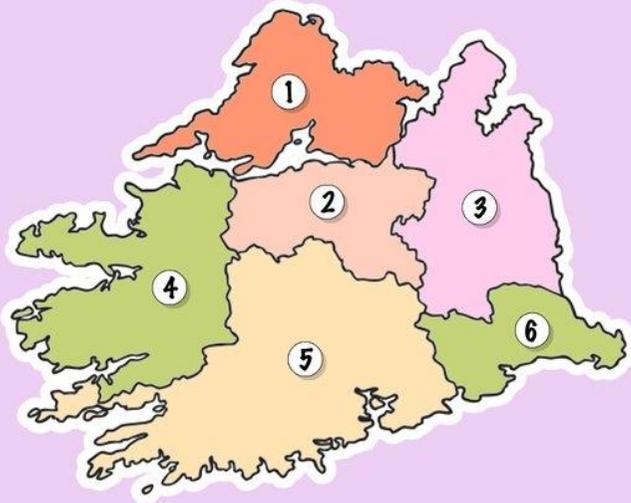


Appendix 13



# Munster

Can you name the 6 counties of Munster?



- |           |           |          |
|-----------|-----------|----------|
| Cork      | Kerry     | Clare    |
| Waterford | Tipperary | Limerick |

## Read the Counties of Ireland Poem

### Counties of Ireland Poem



We are Munster's counties fair,  
Cork, Kerry, Limerick, Clare,  
Waterford, Tipperary here we are,  
Welcoming you from near and far.

Leinster is beyond compare,  
Dublin, Wicklow, Carlow, Kildare,  
Wexford, Offaly, Laois, Kilkenny, Longford and Louth are as  
good as any.

Meath, Westmeath and that is all,  
Over now to province that is small.

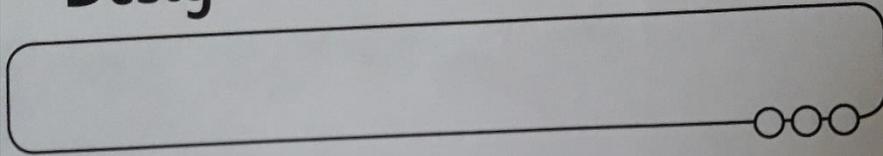
Connacht is the smallest oh,  
Galway, Leitrim and Mayo,  
Roscommon, Sligo that's the lot,  
Just one more verse for you we've got.

We are Ulster's counties nine,  
Let's forget the dividing line,  
Donegal, Derry, Antrim, Down, all our counties of renown.

Armagh, Monaghan and Tyrone, Cavan, Fermanagh  
now all are known.



# Design a Handwash Bottle

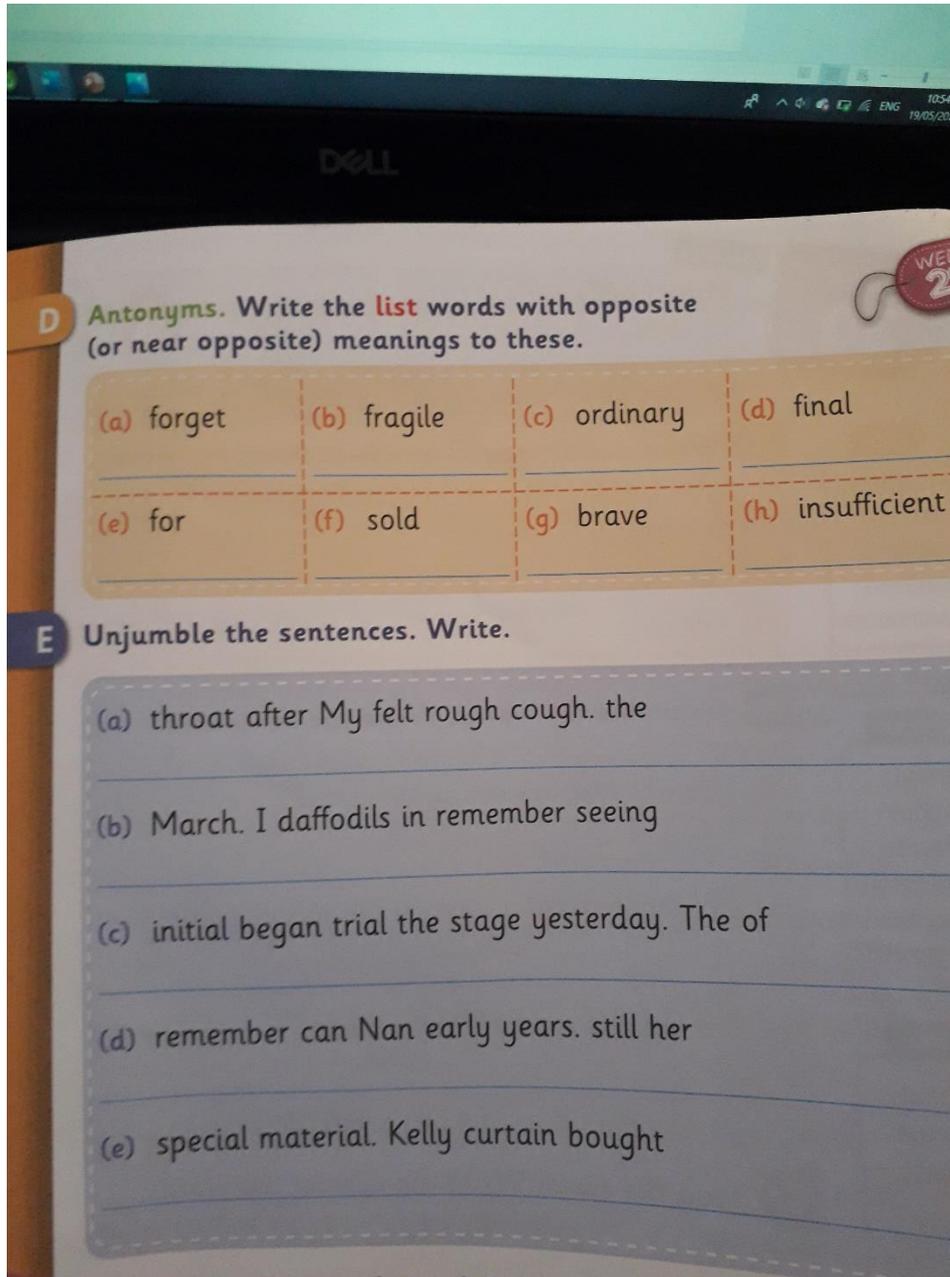


Design a fabulous handwash with a label that will encourage people to wash their hands!

Think about:

- What will it smell like?
- What will it look like?
- Make the bottle stand out, so that people want to buy it.
- Make it look fun, so that people want to use it.

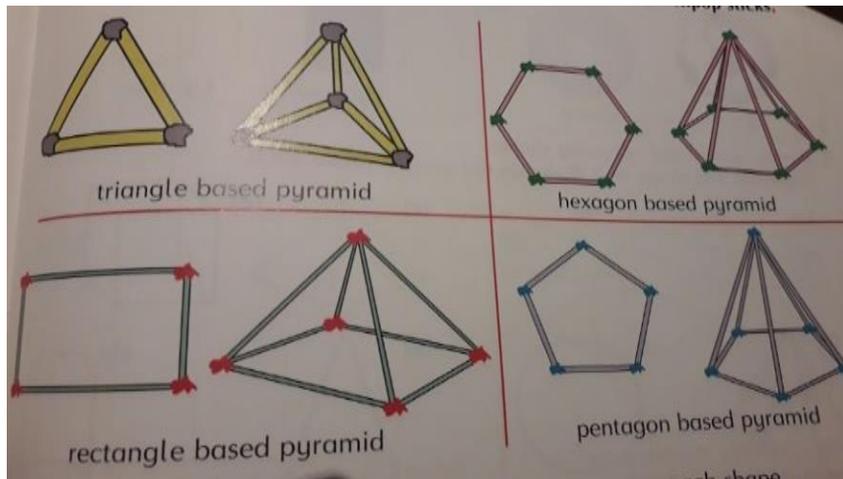
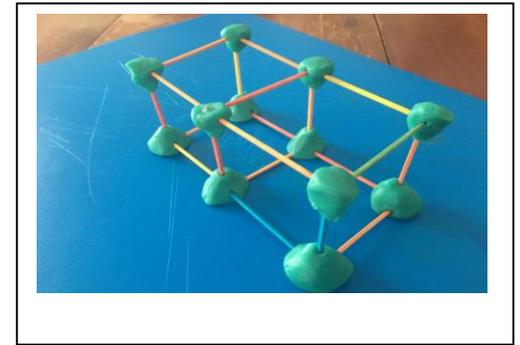




## Appendix 17

### Instructions

- Use the playdough to form small balls.
- Insert a toothpick into a playdough ball and begin forming the shape you have selected to work on; -As an example, you will need 3 balls of playdough and 3 toothpicks to form the base of a triangle.
- Next, insert a toothpick into each playdough ball, upright.
- Add a playdough ball to the top of each toothpick.
- Now, connect the playdough balls on the top layer with three more toothpicks.
- This forms your 3D shape!
- Keep going to discover what other shapes you can make!



## Bris an Cód – Sa bhaile

R	O	N	E	S	T	D	H	U	L	I	C	G	B	A
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15

6	2	10	13

14	2	1	7

10	4	11	6	8	1	4	15	5

2	11	13	8	4	15	3	3	

7	2	11	1	6	4	15	10

10	4	15	14	15

12	9	11	5	3	4	2	11	1

## Appendix 19

Irish Independent

# SUPERHEROES ART COMPETITION

Our Children's Superheroes Art Competition is now open to all young budding artists to enter, giving parents the opportunity to see their child's drawings published in the Irish Independent and in a gallery on [Independent.ie](http://Independent.ie) plus there's €300 worth of vouchers to be won.

The theme is 'Corona Superheroes' – the heroes in our communities who are helping during lockdown – our nurses, doctors, health care workers, delivery drivers, our supermarket staff and many more.

Children can enter in one of the following age categories – Age 1-6, Age 7-11 and Age 12-16.

Simply take a photo of your little artist's drawing and email

Children can enter in one of the following categories – Age 1 – 6, Age 7-11 and Age 12-16 by sending in a drawing or painting to [artcompetition@independent.ie](mailto:artcompetition@independent.ie).

It is important to include the following text when you are sending your entries.

***“I confirm that I am a Parent/Legal Guardian of the child entering the Irish Independent Art Competition and consent to the child's details being collected and used for the purpose of this competition.”***

