

Suggested Gross Motor Activities from Ms. Turtle

For 1<sup>st</sup> Class Ms. Byrne

Week beginning 25<sup>th</sup> May 2020

<p><u>Monday</u> <u>25th</u></p>	<p>Gross Motor Skills: Complete Episode 13 10@10.</p> <p>Play on your trampoline or practice your skipping.</p> <p>Fine Motor skills: Put a bowl at each end of the kitchen/garden. Put some small items into one of the bowls that your child can pick up with a clothes peg. Your child picks up an item with a clothes peg and runs to the other bowl to put it in. Do this until the bowl is empty.</p> <p>Inferencing: What might happen next? Ask your child to tell you 2 or 3 things that could happen next.</p> <ol style="list-style-type: none"><li>1)A zookeeper is cleaning out the monkey house. A monkey creeps up behind him. What might happen next?</li><li>2)A soccer player has the ball on the soccer pitch during a match. What might happen next?</li><li>3)Some girls are in a shop when an alarm goes off. What might happen next?</li><li>4)Two girls arrive at a party wearing the same dress. What might happen next?</li><li>5)A girl sees a spider. What might happen next?</li><li>6)A baby drops her favourite teddy. What might happen next?</li><li>7)There is an ice-cream van in the estate. What might happen next?</li><li>8)There is a bee on a flower. What might happen next?</li></ol> <p>Talk and Discussion about a picture: Go to <a href="http://www.twinkl.ie/offer">www.twinkl.ie/offer</a> and enter the code IRLTWINKLHELPS to join for free. Download or print out The Park Oral Language worksheets on <a href="http://www.twinkl.ie/resource/roi-I-001-the-park-oral-language-activity-sheet">www.twinkl.ie/resource/roi-I-001-the-park-oral-language-activity-sheet</a></p> <p>Ask your child the comprehension questions about the picture. Use full sentences to answer the questions.</p>	<p><a href="https://rtejr.rte.ie">https://rtejr.rte.ie</a></p>
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<p><u>Tuesday</u> <u>26th</u></p>	<p>Gross Motor Skills: Complete Episode 14 10@10.</p> <p>Fine Motor Skills: Practice putting coins into your money box. Or Practice sorting coins into sandwich bags. Use both hands.</p> <p>Expressive Language:</p> <p>Play a brainstorming game: Ask your child to name as many things she can about the following:</p> <ol style="list-style-type: none"> <li>1)Name animals you would see in the circus.</li> <li>2)Name Musical Instruments you can play.</li> <li>3)Name things that are white.</li> <li>4)Name things that are black.</li> <li>5)Name things we do in the morning.</li> <li>6)Name things we do in the evening.</li> <li>7)Name some computer games that you like.</li> <li>8)Name some games you can play.</li> </ol> <p>Play a game of Describe it: Choose 7 or 8 toys/items you have at home and describe a different item each time without saying what it is. Mam or Dad guess which item you are describing.</p>	<p><a href="https://rtejr.rte.ie">https://rtejr.rte.ie</a></p>
<p><u>Wednesday</u> <u>27th</u></p>	<p>Gross Motor Skills:</p> <ol style="list-style-type: none"> <li>1)Throw and catch a bouncy ball off a wall.</li> <li>2)Throw and catch a bouncy ball and let the ball bounce once before you catch it.</li> <li>3)Keep your feet still while you bounce and catch a large ball.</li> </ol>	

	<p>4)Holding a bat with both hands hit a ball thrown by an adult.</p> <p>5)Throw and catch a tennis ball with a partner.</p> <p>Fine Motor Skills: Write out your child's name in Capital letters. She can decorate the letters by tearing up and scrunching bits of coloured paper. Or Write out your child's name in bubble writing and she can colour/decorate it.</p> <p>Listen and colour: Print out the Listen and Colour 3 key words worksheet on <a href="http://www.twinkl.ie/resource/t-s-3625-listen-and-colour-3-key-words-activity-sheet">www.twinkl.ie/resource/t-s-3625-listen-and-colour-3-key-words-activity-sheet</a></p> <p>Call out the instructions twice and your child follows them.</p>	
<p><u>Thursday</u> <u>28th</u></p>	<p>Talk and Discussion about a picture: Download or print out The Pet Shop Oral Language worksheet on <a href="http://www.twinkl.ie/resource/t-I-53505-the-pet-shop-oral-language-activity-sheet">www.twinkl.ie/resource/t-I-53505-the-pet-shop-oral-language-activity-sheet</a></p> <p>Ask your child the comprehension questions about the picture. Use full sentences to answer the questions.</p> <p>Listen to the story Giraffes Can't Dance on <a href="http://www.youtube.com/watch?v=o0wweS8P-tY">www.youtube.com/watch?v=o0wweS8P-tY</a></p> <p>Ask your child to retell the story in her own words using full sentences.</p>	
<p><u>Friday</u> <u>29th</u></p>	<p>Catch up on any work not completed during the week.</p>	

If you would like to send any of the Suggested Gross Motor Activities that you complete this week to me my e-mail is [marieturtle@smltullow.ie](mailto:marieturtle@smltullow.ie)

You can send

- 1) A photo of the work.
- 2) A video of the work.
- 3) An audio clip of the work.

Have a lovely week!