

Suggested Gross Motor Activities from Ms. Turtle

For 1st Class Ms. Byrne

3rd -5th June 2020

Wednesday 3rd

Gross Motor Skills: Complete Episode 15 10@10.

<https://rtejr.rte.ie>

Talk and Discussion about a picture: Go to www.twinkl.ie/offer and enter the code IRLTWINKLHELPS to join for free. Download or print out the Baking Oral Language worksheets on www.twinkl.ie/resource/t-l-53258-baking-oral-language-activity-sheet

Ask your child the comprehension questions about the picture. Use full sentences to answer the questions.

Expressive Language:

Ask your child the following Do you prefer and why questions. Encourage her to use full sentences.

- 1)Do you prefer Spiderman or Superman? Why?
- 2)Do you prefer pasta or pizza? Why?
- 3)Do you prefer ice-cream or chocolate cake? Why?
- 4)If you had a Superpower what would it be and why?
- 5)Would you rather walk or swim? Why?
- 6)Do you prefer pigs or horses? Why?
- 7)Do you prefer crayons or paint? Why?
- 8)Would you rather eat an apple or an orange? Why?

Thursday 4th

Gross Motor Skills:

- 1) Stand in front of a wall. Place your hands on the wall and move your legs back from the wall. How many arm pushes can you do?
- 2) Sit in a chair with your back straight and your feet flat on the ground. Stand up and sit down 20 times.
- 3) Sit in a chair with your feet flat on the ground. Stretch both hands in the air. Stand up and sit down 20 times.
- 4) Sit in a chair and stretch your legs out in front of you. Lift each leg off the ground 10 times.
- 5) Sit on a chair. Hold the sides of the chair with each hand. Use your hands to push yourself up off the chair 10 times. See if you can do this 20 times.

Fine Motor Skills: Call out the alphabet and ask your child to write each lower case letter using her froggy fingers pencil grip.

Expressive Language: Ask your child to repeat the following word sequences after you in order.

- 1) red, cat, rug.
- 2) fun, bug, mat.
- 3) tap, bird, table.
- 4) tree, butterfly, money.
- 5) happy, yellow, nose.
- 6) arm, goat, hat.
- 7) eyes, heavy, chair.
- 8) fast, rich, car
- 9) hair, love, apple.
- 10) Mammy, sun, purple.

Friday 5th

Talk and Discussion about a picture: Download or print out The Shopping Oral Language worksheet on www.twinkl.ie/resource/roi-l-71-shopping-oral-language-activity-sheet

Ask your child the comprehension questions about the picture. Use full sentences to answer the questions.

Fine Motor Skills: Call out the alphabet and ask your child to write each Capital letter using her froggy fingers pencil grip.

Gross Motor Skills: Use your body and pretend to move like different animals all around the garden.

- 1) Move like a snake.
- 2) Move like a butterfly.
- 3) Move like an elephant.
- 4) Move like a kangaroo.
- 5) Move like a frog.
- 6) Move like a monkey.

Expressive Language:

Ask your child to put the following words in sentences.

- 1) cup
- 2) boats
- 3) beautiful
- 4) apples
- 5) fire
- 6) people
- 7) try
- 8) think

9)does

10)swimming

11)giraffes

12)money

Read your child's favourite story to her or one of her favourite stories. Ask your child to retell the story in her own words.

Sequencing: Ask your child to tell you what happened at the beginning, the middle and the end of the story.

If you would like to send any Suggested English Language Activities that you complete this week to me my e-mail is marieturtle@smltullow.ie

You can send

- 1) A photo of the work.
- 2) A video of the work.
- 3) An audio clip of the work.

Enjoy the bank holiday weekend and have a lovely week!