

Suggested Gross Motor Activities from Ms. Turtle

For 1st Class Ms. Byrne

Week beginning 8th June 2020

Monday 8th

Choose your favourite 10 at 10 episode and do the exercises.

Talk and Discussion about a picture: Go to www.twinkl.ie/offer and enter the code IRLTWINKLHELPS to join for free. Download or print out The Circus oral language worksheet on www.twinkl.ie/resource/roi-l-53-the-circus-oral-language-activity-sheet

Ask your child the comprehension questions about the picture. Use full sentences to answer the questions.

Expressive Language:

Ask your child the following Do you prefer and why questions. Encourage her to use full sentences.

- 1) Do you prefer sun or Snow? Why?
- 2) Do you prefer strawberry or chocolate ice-cream? Why?
- 3) Do you prefer orange or 7 up? Why?
- 4) If you had one wish what would it be and why?
- 5) Would you rather run or skip? Why?
- 6) Do you prefer pandas or koalas? Why?
- 7) Do you prefer watching a DVD at home or going to the cinema? Why?
- 8) Would you rather Summer or Winter? Why?

Tuesday 9th

Gross Motor Skills:

- 1) Stand in front of a wall. Place your hands on the wall and move your legs back from the wall. How many arm pushes can you do?

2) Sit in a chair with your back straight and your feet flat on the ground. Stand up and sit down 20 times.

3) Sit in a chair with your feet flat on the ground. Stretch both hands in the air. Stand up and sit down 20 times.

4) Sit in a chair and stretch your legs out in front of you. Lift each leg off the ground 10 times.

5) Sit on a chair. Hold the sides of the chair with each hand. Use your hands to push yourself up off the chair 10 times. See if you can do this 20 times.

Fine Motor Skills: Thread some pasta shells on a lace to make a pasta necklace.

Expressive Language: Ask your child to repeat the following word sequences after you in order.

1) pink, orange, black, white.

2) me, you, he, she.

3) mirror, snow, cake, coat.

4) table, tree- house, ring, arm.

5) pool, sea, water, frog.

6) dress, t-shirt, jumper, skirt.

7) high, low, fast, slow.

8) jump, skip, jug, bowl.

9) fall, sit, love, crawl.

10) cold, hot, book, clock.

Wednesday 10th

Talk and Discussion about a picture: Download or print out The Mealtimes Oral Language Worksheet www.twinkl.ie/resource/roi-l-49-mealtimes-oral-language-activity-sheet

Ask your child the comprehension questions about the picture. Use full sentences to answer the questions.

Fine Motor Skills: Complete a dot to dot activity page in an activity book you have at home or draw a step by step picture of a tiger on www.youtube.com/watch?v=rxw-b4ggti0

Thursday 11th

Gross Motor Skills: Use your body and pretend to move like different animals all around the garden.

- 1) Move like a lion.
- 2) Move like a bird.
- 3) Move like a horse.
- 4) Move like a penguin.
- 5) Move like a bee .
- 6) Move like a spider.

Expressive Language:

Ask your child to put the following words in sentences.

- 1) banana
- 2) house
- 3) hippopotamus
- 4) zebra
- 5) candle
- 6) lamp
- 7) brush
- 8) sandals
- 9) drawing
- 10) bracelet
- 11) kettle
- 12) trampoline

Listen to the story A Squash and a Squeeze by Julia Donaldson on

www.youtube.com/v=Pkdx73OnfO4

Ask your child to retell the story in her own words.

Sequencing: Ask your child to tell you what happened at the beginning, the middle and the end of the story.

Catch up on any work not completed during the week.

If you would like to send any Suggested English Language Activities that you complete this week to me my e-mail is marieturtle@smltullow.ie

You can send

- 1) A photo of the work.
- 2) A video of the work.
- 3) An audio clip of the work.

Have a lovely week!

